

## Concussion Support Group Concussion, Access, Resource and Support (CARS)

This group is designated for individuals following a concussion and their families. Each meeting there will be education and discussion. This time allows everyone to collaborate by sharing experiences, strategies, and concerns and offer support following concussion.

The group will meet from **7 - 8 pm on the second Wednesday of each month** at the IMED building:  
**1331 W. 75th street**  
**Naperville**

Meetings will be held in the conference room on the main level. Attendees can park in the lot in front of the main entrance. The conference room is located to the left of the elevators.

For additional information or questions contact Mara Chiocca at [Mara.Chiocca@EEHealth.org](mailto:Mara.Chiocca@EEHealth.org) or Jen Frederick-Arcuri at [jenny.frederick-arcuri@EEHealth.org](mailto:jenny.frederick-arcuri@EEHealth.org). (630) 527-5468.

### 2020 DATES

**7 - 8 pm**

February 12

March 11

April 8

May 13

June 10

July 8

August 12

September 9

October 14

November 11

December 9