

Revised 2/4/2021

NAPERVILLE LAP POOL

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|---------|-----------------------------|--------------------------|------------------------------|-------------------------|----------------------|------------------------|-------------------------------|---------|
| 5:00am | OPEN WAVES | OPEN 5am-10:00am | OPEN WAVES | OPEN 5am-10:00am | OPEN | CLOSED | | 5:00am |
| 5:30am | WAVES | | WAVES | | | | | 5:30am |
| 6:00am | WAVES | | WAVES | | | | | 6:00am |
| 6:30am | WAVES | | WAVES | | | | | 6:30am |
| 7:00am | WAVES | | WAVES | | | | | 7:00am |
| 7:30am | OPEN 7:30-9am | | STROKE CLINIC | | | | | 7:30am |
| 8:00am | OPEN 7:30-9am | | STROKE CLINIC | | | | | 8:00am |
| 8:30am | AQUA HIIT | AQUATONIC | 8:30am | | | | | |
| 9:00am | AQUA HIIT | AQUATONIC | 9:00am | | | | | |
| 9:30am | WAVES | WAVES | 9:30am | | | | | |
| 10:00am | WAVES | WAVES | 10:00am | | | | | |
| 10:30am | WAVES | WAVES | 10:30am | | | | | |
| 11:00am | WAVES | 11:15 HYDRO PUMP | 11:00am | | | | | |
| 11:30am | WAVES | HYDRO PUMP 12:15 | 11:30am | | | | | |
| 12:00pm | OPEN 12pm-5:30pm | OPEN 12:15 pm-5pm | OPEN 11:00am - 8:00pm | OPEN 12:15pm-5pm | OPEN 12pm-8pm | OPEN 8:30am-4pm | OPEN 10:15am - 12:45pm | 12:00pm |
| 12:30pm | | | | | | | | 12:30pm |
| 1:00pm | | | | | | | | 1:00pm |
| 1:30pm | | | | | | | | 1:30pm |
| 2:00pm | | | | | | | | 2:00pm |
| 2:30pm | | | | | | | | 2:30pm |
| 3:00pm | | | | | | | | 3:00pm |
| 3:30pm | WAVES | WAVES | 3:30pm | | | | | |
| 4:00pm | AQUA | WAVES | 4:00pm | | | | | |
| 4:30pm | BOOTCAMP | OPEN 6-7pm | 4:30pm | | | | | |
| 5:00pm | OPEN 6:30pm - 8:00pm | WAVES | 5:00pm | | | | | |
| 5:30pm | | WAVES | 5:30pm | | | | | |
| 6:00pm | | OPEN 6-7pm | 6:00pm | | | | | |
| 6:30pm | | WAVES | 6:30pm | | | | | |
| 7:00pm | | WAVES | 7:00pm | | | | | |
| 7:30pm | WAVES | WAVES | 7:30pm | | | | | |
| | | | | | | CLOSED | | |

Starting February 14, 2021

Starting February 14, 2021

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