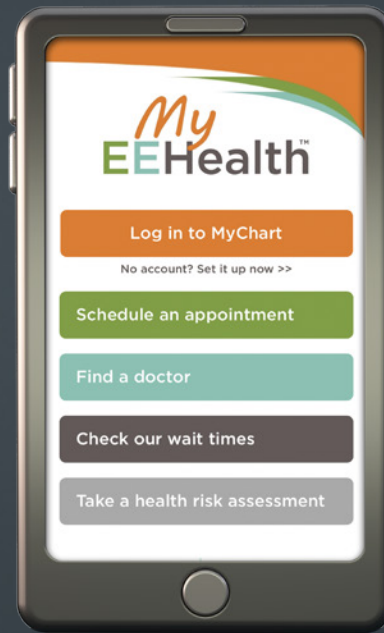


Edward-Elmhurst
HEALTH

Healthy Driven™



HEALTHCARE CAN BE EASIER

Keep track of your health from the comfort of anywhere.

INSIDE THIS ISSUE:

- MyEEHealth™ Mobile App
- Your Health, Your Way
- Heart Hospital
- Cancer Care
- Weight Management
- Combating Childhood Obesity

MyEEHealth™ App: YOUR HEALTH AT YOUR FINGERTIPS



With **MyEEHealth**, our new mobile app, you have direct, secure 24/7 access to your personal health information anytime, anywhere, for free. Need to make a doctor's appointment? Want to know how long the wait is at your

local Immediate Care Center or Walk-In Clinic? It's all at your fingertips.

What can the app do for you?

Log in to MyChart® for direct access to your secure online patient portal.

Schedule an appointment for a test, procedure or doctor visit, including the next available one.

Find a doctor using our advanced search tool to match your needs with a doctor who's right for you.

Check the wait times at our Walk-In Clinics, Immediate Care Centers and Emergency Departments.

Take a health risk assessment to quickly gauge your risk for a variety of health conditions and get suggested next steps.

Go to your app store and download MyEEHealth today!



WITH THE LATEST MYCHART® FEATURES, **THE APP PUTS YOUR HEALTH IN YOUR HANDS:**

- **Communicate with your doctor's office**
Get answers to your medical questions from the comfort of anywhere.
- **View your test results**
No more waiting for a phone call or letter — view your results and your doctor's comments within days.
- **Request prescription refills**
Send a renewal request for any of your refillable medications.
- **Quickly and easily pay your bill**
Sign in to MyChart to pay your bill or use our "Pay as Guest" option if you don't have a MyChart account.
- **Check in before your visit (eCheckin)**
Bypass the waiting room and complete the check-in process online, at your convenience.
- **Get alerts for earlier appointment times (FastPass)**
Add yourself to an electronic waiting list and receive alerts when earlier times become available for a scheduled appointment.
- **Participate in an online visit* (E-Visit)**
Have an Edward Medical Group or Elmhurst Clinic primary care provider? From the comfort of home, you can now seek treatment advice from one of our Walk-In Clinic providers (PA or APRN). An E-Visit can replace a clinic appointment or certain walk-in visits.

*E-Visits should only be used for certain **non-emergent** medical conditions. When you log in to MyChart, the tool will walk you through a series of questions to assess your situation. You can expect a response in 1-2 business days. A \$35 fee is not charged to your credit card until the completion of your E-Visit.

YOUR HEALTH, YOUR WAY

Your health matters most. But so does your family, your job and your quality of life. Visiting your doctor should be the easiest part of your day. And now it can be.

Our digital tools help you navigate your healthcare on your terms, 24/7, from your computer, tablet or mobile device. No more phone calls and no more waiting. Your healthcare is easier and more convenient than ever before.

From our website or the MyEEHealth™ mobile app:

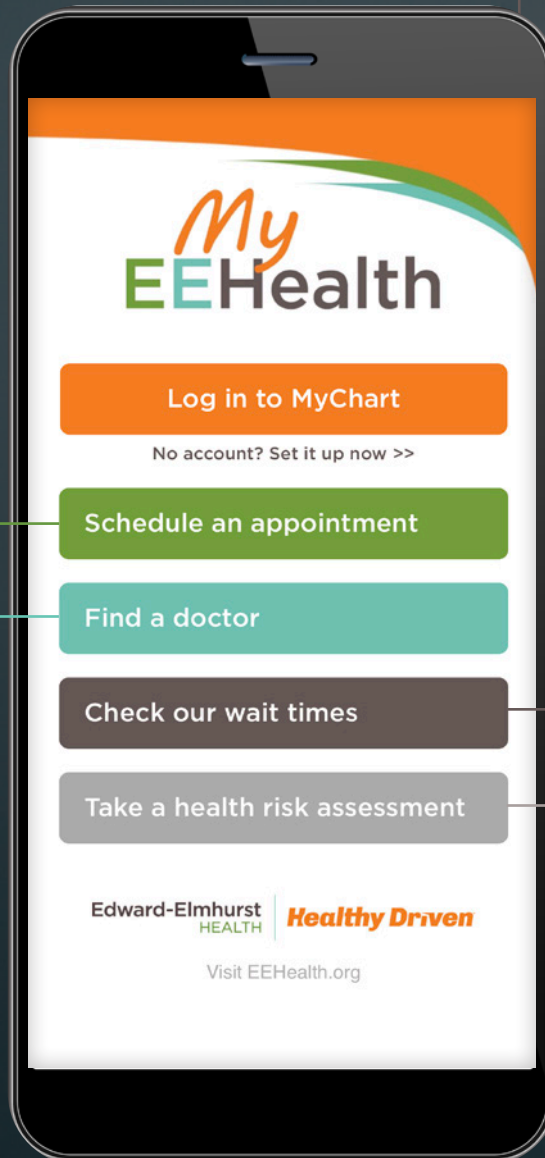
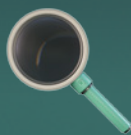
Quickly and easily schedule an appointment or test

- Schedule a doctor visit with a primary care physician (PCP) or specialist
- Schedule a test or procedure (e.g., lab test, screening mammogram, EKG, etc.)
- Schedule a next available appointment
- Find and schedule a same-day appointment for certain tests



Easily find a doctor who matches your needs

- Search by location, specialty, gender, language and more
- Read credentials, education, clinical interests and philosophy of care
- Watch doctor videos
- Read physician reviews/ratings
- Schedule an appointment with nearly 250 different physicians



Get medical care quickly, when it can't wait

- Find the closest location
- Check wait times before you go
- No appointment needed

Walk-In Clinics

(some in Jewel-Osco)
Quick care for minor issues (ages 12 months and older)

Immediate Care Centers

Same-day advanced care for moderate sickness and injuries (all ages)

3 Emergency Departments

24/7 care for serious, life-threatening injuries and illnesses (all ages)

Need help deciding which care option is best for you? Call **630-527-3645** (Monday-Friday, 8 a.m.-8 p.m.) and we can help.



Convenient Access to Care Near You

At Edward-Elmhurst Health, we're driven to make healthcare easier. Nobody wants to drive across town just to get care. Now you can always find the expert care you need close by.

With a service area of 1.9 million residents, Edward-Elmhurst Health is one of the largest integrated health systems in Chicagoland, with:

- 3 hospitals: Edward Hospital, Elmhurst Hospital and Linden Oaks Behavioral Health
- More than 1,900 physicians on staff (98 percent are board certified)
- Nearly 100 medical and surgical specialties and subspecialties

Assess your health risk from the comfort of home

Knowing your health risks can save your life. With our free health risk assessments, you can quickly gauge your risk for a variety of health conditions — and get suggested next steps.

We offer HealthAwares for:

- Breast, colon and lung cancer
- Heart disease and stroke
- Diabetes
- Addiction
- Anxiety and depression
- Sleep disorder
- Weight issues



Learn more at EEHealth.org/easier

Living with anxiety or depression?

Chat live with a mental health or substance abuse referral specialist.

We've been committed to mental health for 25 years through Linden Oaks Behavioral Health. If you're struggling with anxiety, depression, substance abuse or another issue, let your primary care physician (PCP) know.

Through our Mental Health or Substance Abuse Navigation referral service, it's easy for your PCP to link you to a member of our behavioral health team, so you get the help you need to feel better.

Some of our PCP offices even have licensed behavioral health clinicians on-site to provide early detection of mental health concerns.

You can also:

- Chat live online with a Linden Oaks Behavioral Health referral specialist.
- Call our 24/7 Help Line at 630-305-5027 for around-the-clock support or to schedule a free, confidential one-on-one assessment.
- Walk-in 24/7 to our Main Campus at 852 S. West Street in Naperville.

Visit EEHealth.org/behavioral-health