

# Preparing for Surgery at the Pre-Op Clinic

The Edward-Elmhurst Pre-Op Clinic is a convenient way to get ready for your upcoming surgery.

At this visit, you will receive a physical exam from one of our providers and education from a physical therapist. You may also receive discharge planning assistance. Following your visit, you may undergo pre-op testing, such as lab tests, X-rays and an EKG, if needed, to ensure you are healthy enough for surgery.

It's important for you to provide us with the most accurate and complete information possible during your exam, including your medical history, medications, recent illnesses and any chronic medical issues.

## Scheduling your Pre-Op visit

- ▶ Please allow approximately 2 hours for your visit
- ▶ Arrive to your appointment fasting. A 4-hour fast is recommended.
- ▶ Your Pre-Op appointment needs to be completed within 28-days of your scheduled surgery.

Please bring a support person or caregiver, who will serve as your “coach” during your recovery, to the physical therapy portion of the visit.

**Questions?** Contact the Pre-Op Clinic at (331) 221-5721.

## How to find us

We are located in the Center for Health, Suite 4260, on the Elmhurst Hospital Campus

Parking: Use the Yellow lot on the East side of the campus (right side nearest York St) and use the Center for Health entrance. Valet parking is available.

## Directions

### From Dr. Sporer's office (25 N. Winfield Road, Winfield)

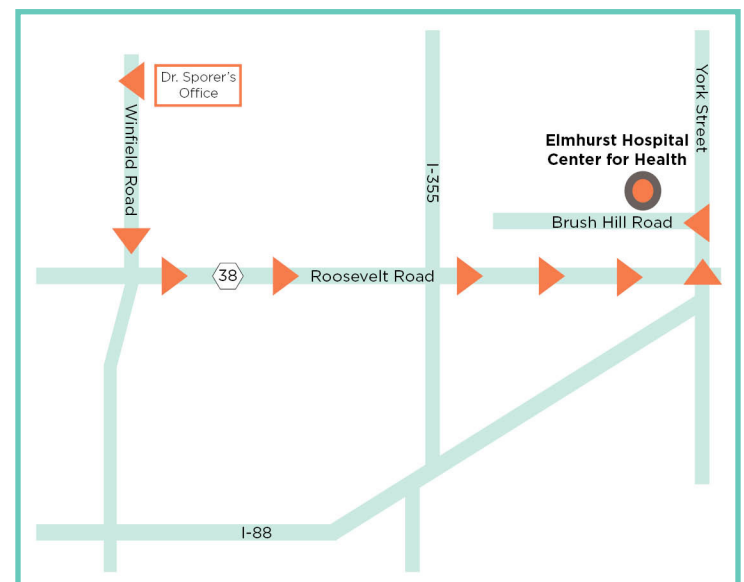
- ▶ Take Winfield Road south to IL-38/Roosevelt Road. Take IL-38 East toward Elmhurst. Follow Roosevelt Road for about 12 miles until you reach the York Road north exit. Merge onto S. York Street (York Rd changes to York St). Turn left on Brush Hill Road.

### From the south

- ▶ Take I-88 East. Use right lane to take I-294 South toward Indiana, exit 138. Stay right on ramp. Follow signs for York Rd at the exit. Turn right on York St. Turn left on Brush Hill Road.

### Other options from the north, east or west include

- ▶ Lake Street to Route 83 to Roosevelt Rd/Butterfield exit East. Turn right on Commonwealth which turns into Brush Hill Road. Continue on Brush Hill Road. Turn left into the campus.
- ▶ IL-290 to Route 83 or Route 64/North Ave to Route 83 (same as above).
- ▶ IL-290 to York St. Follow York St through downtown Elmhurst. Turn right on Brush Hill Road.



### Address:

Center for Health (Elmhurst Hospital Campus)  
1200 S. York St., Suite 4260, Elmhurst  
(331) 221-5721