

## **Mom Groups: Making Connections and Networking with Moms**

**PLAYGROUPS-** Subdivision, Church, City, Cradle Talk, Library, Music Class- Just find some moms with kids of similar ages and start a playgroup. Can be your lifeline to survival!

### **Mothers and More: Fall Bonus Sept & Oct.**

[www.dupagemothersandmore.org](http://www.dupagemothersandmore.org)  
630-415-0421 Message Line  
Terry Thompson 630-357-8818  
Membership Chair  
tthomps@comcast.net

### **MOPS (Mothers of Preschoolers)**

<http://www.mops.org/>  
Our Saviours Evangelical Lutheran Church  
815 S Washington St  
Naperville, IL 60540  
(630) 355-2522  
<http://www.oursaviours.com/mops>  
Meets 2<sup>nd</sup> and 4<sup>th</sup> Monday at 9:00-11:00 Childcare available

### **Moms Together - Geneva: First Baptist Church of Geneva**

Moms Together, a program for mothers of infants through elementary age children, is a time for mothers to come together and enjoy rest, instruction, support, and affirmation. Our morning together includes breakfast, time for conversation, informative speaker presentations and discussion groups. At Moms Together, women can relax, laugh, and build friendships, while letting their little ones enjoy our Kids Together program. Meets 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month (identical programs), 9:15-11:15am, West campus 3435 Keslinger Road, Geneva.

### **Hearts at Home**

National Conference  
March 15 & 16, 2013 (Go for one day or two!)  
Bloomington, Normal  
[www.hearts-at-home.org](http://www.hearts-at-home.org)

### **Parents Day Out (PDO)**

Grace United Methodist Church  
Claudia Hutchinson - Director  
Parent's Day Out is a Grace Church Program and provides childcare to 1-4 year olds one or two days per week, 9:00am to 1:00pm. The program is in session Monday through Friday during the school year. Children are involved in activities such as crafts, singing, cooperative play, story time, and indoor or outdoor large motor play. Please call 355-6146 for more information.... Knox Presbyterian (Gartner & Catalpa) and Celebrations (Washington)

### **Local Groups: Goggle mom groups in your area**

North Aurora Women's Club,  
Mothers of Multiples/Multiple Blessings,  
Naperville Junior Women's Club - Safety Town - Register Early!!

**Café - Grounds For Hope Kidstreet Play area- Free!!** Zumba & Toning classes  
Baby Sitting can be arranged for a nominal fee in advance- Mary Boyer

## **Books**

\*Professionalizing Motherhood - Jill Savage

\*Motherhood: Loving Every Other Minute of It!

The Mother Load - Mary Byers

A Mothers Touch - Elsie Arndt

Peanut Butter Kisses and Mud Pie Hugs - Becky Freeman

The Power of a Positive Mom - Karol Ladd

Bringing Up Boys - Dobson

The Five Love Languages of Children - Gary Chapman

My Hearts at Home - Jill Savage

I was a Great Mom Before I Had Kids! - 2

What Every Mom Needs to Know and Adventures in Parenting (MOPS Publications)

Any book by Emma Bombeck or Charlene Baumbich!

## **Fun Stuff**

**Momsense** on You Tube

[http://tr.youtube.com/watch?v=Dfam\\_ml7Y](http://tr.youtube.com/watch?v=Dfam_ml7Y)

Has been pulled off several sites due to copyright

Originally done by Anita Renfroe but this singer was better!

<http://www.youtube.com/watch?v=YYukEAmoMCQ>

**Dadsense** also by Anita Renfroe

**You Raise Me Up** - Anita Renfroe

**Mom Song**- Go Fish

<http://www.youtube.com/watch?v=4zcQBH6v5NU>