

# Free Parkinson's Disease Support Group

Meets every fourth Thursday of each month

1 – 2:30 pm

Elmhurst Hospital

Third Floor Family Lounge

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This support group provides a forum for individuals with Parkinson's, family members, spouses, and caregivers to:

- ▶ Exchange practical information
- ▶ Share experiences
- ▶ Access health and wellness information

The group also aims to educate the community and raise awareness about the disease.

Physicians from the Elmhurst Neuroscience Institute, hospital leadership and clinicians will represent the hospital. Joel Morris, former Superintendent of Schools for Elmhurst District 205 and a Parkinson's patient will facilitate the group.

For questions, e-mail Joel Morris at [elmhurstparkinson.group@gmail.com](mailto:elmhurstparkinson.group@gmail.com).

**Directions:** Guests should park in the Blue or Green lot and enter through the Hospital Main Entrance. Take the Main Elevator to the third floor. The family lounge is across from the elevator.