

## Insulin Stimulation (7:30AM)

Your Son/Daughter is scheduled for an Insulin Stimulation Test at 7:30am.

Please Park in the South Parking Garage. Come in the South Entrance of the hospital. Go to the Outpatient Registration desk. You and your child will need to be at the Outpatient Registration desk at 7:15am. You will be escorted to the Pediatric Special Procedure Area after your child is registered. One of the RN's will greet you.

Do not give your child anything to eat or drink after midnight.

Your child will be assessed by one of the nurses. An IV line will be inserted and baseline labs will be drawn. Once Dr. Bordini or Dr. Zimmer arrives, your child will be given the prescribed dose of insulin through his/her IV line. Your child's blood sugar will be monitored every 5 minutes for 45 minutes. Your child's growth hormone level and glucose level will be drawn every 15-30 minutes for a total of 90 minutes.

The insulin will lower your child's glucose level. Once his level gets below 40, we will ask your child to start drinking milk and/or juice and eating teddy grahams and/or goldfish crackers to bring the glucose level up. Your child may also be given dextrose through his/her IV if they are unable to eat.

Once the test is completed, please give your child a good breakfast. Your child may return to school the day of the test.

Any questions about the test or the results of the test should be directed to Dr. Bordini, Dr. Zeller, or Dr. Zimmer.

Please make sure you have an appointment to see the Doctor 2-4 weeks after the test to obtain the results. If you have any questions call 1-630-527-3027.

Thank You!