

Clonidine Stimulation Test
(7:00 AM, 7:15 AM, 7:45 AM)

Your Son/Daughter is scheduled for a Clonidine Stimulation Test.

Please Park in the South Parking Garage. Come in the South Entrance of the hospital. Go to the Outpatient Registration desk. Please arrive 15 minutes prior to your scheduled time. After you are registered you will be escorted to the Pediatric Special Procedure Area and will be greeted by one of the RN's.

Do not give your child anything to eat or drink after midnight.

Your child will be assessed by one of the nurses. An IV line will be inserted and baseline labs will be drawn. Your son/daughter will be given a dose of a medication prescribed by your endocrinologist called Clonidine. Your child's blood pressure will be monitored every 30 minutes during the test because Clonidine can lower his/her blood pressure. Blood will be drawn 60 and 90 minutes after medication is given.

Once the test is over, your child will be given something to eat and drink. We will assist him/her in ambulating around the unit. Once back in the room we will retake your child's blood pressure. If your child feels faint or their blood pressure is too low, we will give your child IV fluids. You are instructed to encourage plenty of fluids at home the day of the test. Once your child is ready to go home we will discontinue the IV and escort him/her to the car in a wheelchair. Your child may not go back to school or participate in any sports or school activities that day.

Any questions about the tests or test results should be directed to Dr. Bordini, Dr. Zeller, or Dr. Zimmer.

Please make sure you have an appointment to see the Doctor in 2-4 weeks. If you have any questions call. 1-630-527-3027.
Thank You!