

## Adrenocorticotropic Hormone (ACTH) Stimulation Test (7:00 AM, 7:15 AM, 7:45 AM)

Your son/daughter is scheduled for an ACTH stimulation test.

You and your child need to be in Outpatient Registration 15 minutes prior to your scheduled time.

Please park in the South Parking Garage. Come in the South Entrance of the Hospital. Go to the Outpatient Registration desk. After you are registered you will be escorted to the Pediatric Special Procedure Area where you will be greeted by one of the RN's.

Do not give your child anything to eat or drink after midnight.

Your child will be assessed by one of the nurses.

An IV line will be inserted and baseline hormone levels will be obtained. Once the labs are obtained your child will be given Cortrosyn in their IV. One hour after administration of the medication your child's vital signs and labs will be obtained.

Once the test is completed your son/daughter will be given something to eat and drink. The IV line will be discontinued. Your child may return to school that day.

Any questions about the test or the results of the test should be directed to Dr. Bordini, Dr. Zeller, or Dr. Zimmer.

Please make sure you have an appointment to see the Doctor 2-4 weeks after the test to obtain the results. If you have any questions call 1-630-527-3027. Thank You!

Pediatric Special Procedure Area Rev: 2-1-12

## Adrenocorticotropic Hormone (ACTH) Stimulation Test Cortisol Response (7:00 AM, 7:15 AM, 7:45 AM)

Your son/daughter is scheduled for an ACTH stimulation test.

You and your child need to be in Outpatient Registration 15 minutes prior to your scheduled time.

Please park in the South Parking Garage. Come in the South Entrance of the Hospital. Go to the Outpatient Registration desk. After you are registered you will be escorted to the Pediatric Special Procedure Area where you will be greeted by one of the RN's.

Do not give your child anything to eat or drink after midnight.

Your child will be assessed by one of the nurses.

An IV line will be inserted and baseline hormone levels will be obtained. Once the labs are obtained your child will be given Cortrosyn in their IV. Thirty minutes and one hour after administration of the medication your child's vital signs and labs will be obtained.

Once the test is completed your son/daughter will be given something to eat and drink. The IV line will be discontinued. Your child may return to school that day.

Any questions about the test or the results of the test should be directed to Dr. Bordini, Dr. Zeller, or Dr. Zimmer.

Please make sure you have an appointment to see the Doctor 2-4 weeks after the test to obtain the results. If you have any questions call 1-630-527-3027.

Pediatric Special Procedure Area Rev: 2-1-12