

Linden Oaks Hospital Packing List

Our goal is to provide **safe, seamless and personal care** to our patients. Safety is a top priority, and you can help by adhering to the following guidelines. Remember- keep it simple, keep it safe. *Please bring items in Linden Oaks belongings bag provided to you.*

Clothing:

- Shirts (max 4)
- Pants/Long Non-spandex Shorts (max 4)
- Underwear (max 4)
- Ankle Socks or Footies (max 4)
- Sweater/Sweatshirt (max 1)
- Pajamas (max 1)
- Bras -straps may not detach from one/both sides (max 2)
- Slip-on or Non-laced Shoes/Slippers (1 pair)

Toiletries:

Travel Size only (4oz) - Containers MUST list ingredients

- 1 Toothbrush (Non-electric)
- 1 Hairbrush/Comb
- 1 Toothpaste
- 1 Soap/Body Wash
- 1 Body Lotion
- 1 Deodorant
- 1 Shampoo/Conditioner
- 1 Facial Cleanser/Moisturizer
- 1 Non-pencil Eyeliner, 1 Mascara, 1 Lip Balm and 1 Lip Gloss

Clothing Tips

Clothing NOT permitted:

- No strings bungee cords or laces
- No boots of any kind
- No shorts with an inseam 5" or shorter

Recommended clothing:

- Loose comfy clothing that can be layered

Washers/Dryers are available for patient use

Toiletries Tips

Toiletries NOT permitted:

- No pumps
- No glass or metal
- No styling tools (blow dryers, flat irons, curling irons)
- No feminine products (only hospital issued feminine products are allowed)

Toiletries are available on every unit

General Tips

Items NOT permitted

- No Stuffed Animals
- No Towels/Washcloths/Linens
- No Pillows
- No Balloons
- No Food/Candy/Gum

Recommended support items

Friends and family want to know what to bring to support their loved one during this time.

- Handwritten notes of love/encouragement
- Greeting cards
- Pictures of pets

**Flowers must be in a plastic container and are not allowed in patient rooms but can be kept at the nurse's station.*

Family and Friends,

To better serve our patients and get their belongings to them as quickly as possible, we are instituting a new belongings drop off program. Belongings will only be accepted between the hours of 8am – 5pm daily.

Belongings will not be accepted during visiting times unless prior arrangements have been made with the patient's home unit. This will allow for a safer and faster front desk check-in during our high traffic times and enable you to enjoy the entire visiting time allotted with your loved one.

All belongings brought to Linden Oaks Hospital go directly to the baggage check-in room and are screened for safety. If you are dropping off medications and/or medical supplies/items, please notify front desk staff.

We appreciate your understanding and patience with our process as we strive to provide **Safe, Seamless and Personal care** to our patients.

Thank you