

Support Groups

Groups at Linden Oaks and EEHealth

Continuing care is key to long-term recovery. Below is a list of groups managed by external organizations and hosted at Linden Oaks. For information or to confirm meeting dates/times, contact the group directly.

ADDICTION SUPPORT GROUPS

Alcoholics Anonymous (AA)

- 12-step group for people with an alcohol abuse issue.
- For information or to confirm group, visit aa.org.

Every Saturday	8:15 - 9:15 am	Virtual Meeting- Visit aa-nia-dist43.org . Search for this meeting to obtain access.	Open meeting
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Every Monday	7:00 pm	Virtual Meeting- Visit aa-nia-dist43.org . Search for this meeting to obtain access.	Closed meeting
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PATH for Family and Friends of Addicts

- Provides support to family members or friends who have a loved one with an addiction (any type).

Every Wednesday	6:45 - 8:15 pm	Virtual Meeting- Visit pathtorecoveryfoundation.org or PATH Facebook page to obtain access.	Open meeting
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Sex Addicts Anonymous (SAA)- Women only

- 12-step group for women with a sex addiction.
- For more information or to confirm group, visit www.chicagoland saa.org or www.saa-recovery.org.

Every Thursday	7:00 - 8:00 pm	Virtual Meeting- Visit saa-recovery.org/meetings . Search for this meeting to obtain access.	Closed meeting (Women only)
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MATERNAL AND POST-PARTUM SUPPORT GROUPS

Nurturing Mom Group

- Provides support to new parents experiencing post-partum depression and anxiety.
- For information or to confirm group, call 630-305-5086.

Most Wednesdays	12:00 - 1:00 pm	Virtual Meeting- Email susan.bard@eehealth.org to obtain access.	Open meeting
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Share

- Provides support for parents who have lost a baby through miscarriage, ectopic pregnancy, stillbirth or early infant death.
- For information or to confirm group, contact (630) 527-3263.

First, second, and fourth Tuesday of the month	8 - 9:30 pm	Virtual Meeting- Email susan.villa@eehealth.org to obtain access.	Open meeting
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Sharing HOPE

- Provides support for couples who have experienced a miscarriage, ectopic pregnancy, stillbirth or neonatal death and are now pregnant or considering pregnancy.
- For more information, contact (630) 527-3263.

Second and fourth Thursday of the month	8 - 9:30 pm	Virtual Meeting- Email susan.villa@eehealth.org to obtain access.	Open meeting
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OTHER SUPPORT GROUPS

Grief Group

- Provides support to individuals dealing with grief after the loss of a loved one.
- For information or to confirm group, call 630-527-5056.

Every Thursday	7:00 - 8:30 pm	Edward- Elmhurst Education Center, 3rd Floor, 801 S. Washington St., Naperville	Closed meeting
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1st and 3rd Wednesday	6:30 - 8:00 pm	Elmhurst Hospital, 155 E. Brush Hill Rd., Elmhurst, IL 60126	Closed meeting
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- **Closed meeting** - Groups are ongoing and only open to individuals looking for support for this specific issue and are NOT open to students looking for observation.
- **Open meeting** - Groups are ongoing and open to anyone interested in learning more about the group.