

Support Groups

Groups at Linden Oaks and EEHealth

Continuing care is key to long-term recovery. Below is a list of groups managed by external organizations and hosted at Linden Oaks. For information or to confirm meeting dates/times, contact the group directly.

ADDICTION SUPPORT GROUPS

Alcoholics Anonymous (AA)

- 12-step group for people with an alcohol abuse issue.
- For information or to confirm group, visit aa.org.

Every Saturday	8:15 - 9:15 am	Linden Oaks Outpatient Center, 1335 N. Mill St., Rm. 273, Naperville	Open meeting
Every Monday	7:00 pm	Linden Oaks Outpatient Center, 24600 W. 127th, Edward-Elmhurst Building B, Ste 330, Plainfield	Open meeting

Narcotics Anonymous (NA) Groups

- 12-step group for individuals with an addiction (any type).
- For information or to confirm group, visit na.org.

1st Monday of the month	7:30 - 8:30 pm	Linden Oaks Outpatient Center, 1335 N. Mill St., Rm. 273, Naperville	Open meeting
2nd, 3rd, 4th, 5th Monday of the month	7:30 - 8:30 pm	Linden Oaks Outpatient Center, 1335 N. Mill St., Rm. 273, Naperville	Closed meeting
Every Tuesday	7:00 - 8:00 pm	Linden Oaks Outpatient Center, 24600 W. 127th, Edward-Elmhurst Building B, Ste 330, Plainfield	Closed meeting
1st & 3rd Wednesday of the month	7:30 - 9:00 pm	Linden Oaks Outpatient Center, Rm. 273, 1335 N. Mill St., Naperville	Closed meeting
2nd & 4th Wednesday of the month	7:30 - 9:00 pm	Linden Oaks Outpatient Center, Rm. 273, 1335 N. Mill St., Naperville	Open meeting
Every Saturday	10:00 - 11:45 am	Linden Oaks Outpatient Center, 24600 W. 127th, Edward-Elmhurst Building B, Ste 330, Plainfield	Open meeting

AlAnon Group for Family and Friends of Alcoholics

- 12-step group open to family members or friends affected by another person's alcohol abuse issue.
- For information or to confirm group, visit al-anon.alateen.org.

Every Wednesday	7:15 - 8:15 pm	Linden Oaks Outpatient Center, 1335 N. Mill St., Ste. 200/Rm. 204, Naperville	Open meeting
-----------------	----------------	---	--------------

PATH for Family and Friends of Addicts

- Provides support to family members or friends who have a loved one with an addiction (any type).

Every Wednesday	6:45 - 8:15 pm	Linden Oaks Outpatient Center, 24600 W. 127th, Edward-Elmhurst Building B, Ste 330, Plainfield	Open meeting
-----------------	----------------	--	--------------

NarAnon Group for Family and Friends of Addicts

- For family members or friends who have been affected by another person's addiction (any type).
- For information or to confirm group, visit nar-anon.org.

Every Thursday	7:00 - 8:30 pm	Linden Oaks Outpatient Center, 1335 N. Mill St., Rm. 273, Naperville	Open meeting
Every Monday	7:00 pm	Linden Oaks Outpatient Center, 24600 W. 127th, Edward-Elmhurst Building B, Ste 330, Plainfield	Open meeting

EATING DISORDER SUPPORT GROUPS

ANAD Recovery Group (National Assn. of Anorexia Nervosa and Associated Disorders)

- Provides support to people with eating disorders and/or their family members and friends.
- For information or to confirm group, visit anad.org.

Every Monday	6:30 - 8:00 pm	Linden Oaks Outpatient Center, Ste. 200/Rm. 204, 1335 N. Mill St., Naperville	Closed meeting
--------------	----------------	---	----------------

Recovery Night

- Provides support to individuals in recovery from an eating disorder. Participants listen to a recovery speaker. Friends and family members are welcome.

1st Monday of the month	6:30 - 8:00 pm	Linden Oaks Outpatient Center, Ste. 200/Rm. 204, 1335 N. Mill St., Naperville	Open meeting
-------------------------	----------------	---	--------------

MATERNAL AND POST-PARTUM SUPPORT GROUPS

Nurturing Mom Group

- Provides support to new parents experiencing post-partum depression and anxiety.
- For information or to confirm group, call 630-305-5086.

2nd & 4th Wednesday of each month	11:45 - 12:45 am	Our Saviour's Lutheran Church, 815 S Washington St, Naperville	Open meeting
--	---------------------	--	-----------------

1st & 3rd Wednesday of the month	12:15 - 1:15 pm	Elmhurst Hospital, 155 E. Brush Hill Rd., Main Building, 3rd Floor Group Room, Elmhurst	Open meeting
---	-----------------	--	-----------------

Share

- Provides support for parents who have lost a baby through miscarriage, ectopic pregnancy, stillbirth or early infant death.
- For information or to confirm group, contact (630) 527-3263.

2nd & 4th Tuesday of the month	7:15 - 9:15 pm	Edward Hospital, Education Center Room 305	Open meeting
--------------------------------------	----------------	---	-----------------

1st Tuesday of the month	7:00-9:00 pm	Elmhurst Hospital (E. Entrance), 155 E. Brush Hill Rd., Arboretum Conference Center (Lower Level) Birch Room, Elmhurst	Open meeting
--------------------------------	--------------	--	-----------------

Sharing HOPE

- Provides support for couples who have experienced a miscarriage, ectopic pregnancy, stillbirth or neonatal death and are now pregnant or considering pregnancy.
- For more information, contact (630) 527-3263.

4th Tuesday of the month	7:15 - 9:15 pm	Edward Hospital, Education Center Room 309	Open meeting
--------------------------------	----------------	---	-----------------

OTHER SUPPORT GROUPS

Adults with Attention Deficit Disorder (ADD)

- Provides education and support to adults with ADD and/or ADHD.

Every Tuesday	7:00 - 8:30 pm	Linden Oaks Outpatient Center, Ste. 200/Rm. 204, 1335 N. Mill St., Naperville	Closed meeting
------------------	-------------------	---	-------------------

Grief Group

- Provides support to individuals dealing with grief after the loss of a loved one.
- For information or to confirm group, call 630-527-5056.

Every Thursday	7:00 - 8:30 pm	Edward- Elmhurst Education Center, 3rd Floor, 801 S. Washington St., Naperville	Closed meeting
-------------------	-------------------	---	-------------------

NAMI Family & Friends Group (National Alliance on Mental Illness Group)

- Provides support, advocacy and education to improve the life of individuals with mental illnesses and their families.
- For information or to confirm group, visit namidupage.org.

1st & 3rd Monday of the month	7:00 - 8:30 pm	Linden Oaks Outpatient Center, Ste. 202/Rm. 207	Closed meeting
-------------------------------------	-------------------	--	-------------------

NAMI Family & Friends Group- For Seniors (National Alliance on Mental Illness Group)

- Provides for seniors with mental illnesses and their families.
- For more information, visit namidupage.org.

Every Tuesday	1:00 - 2:00 pm	Linden Oaks Outpatient Center, 1335 N. Mill St., Naperville	Open Meeting
------------------	-------------------	---	-----------------

Closed meeting - Groups are ongoing and only open to individuals looking for support for this specific issue and are NOT open to students looking for observation.

Open meeting - Groups are ongoing and open to anyone interested in learning more about the group.