


COVID-19 Loss Support Group



At Edward-Elmhurst Health, we know that over the past year, many people have suffered loss and are struggling with grief associated with losing someone to COVID-19. We want to help.

We are offering complimentary grief support groups specific to those struggling with the experience of losing a loved one to COVID-19. The experience of losing someone to COVID-19 is unique and specific. For this reason, these groups are open only to adults (18+) who have experienced COVID-19 related loss.

These support group sessions are held virtually using Zoom. In order to participate, you must have access to an electronic device with audio and video capability.

Support group sessions are facilitated by members of our Spiritual Care Services team who are experienced in supporting those who have suffered loss.

Groups have a minimum of five people and a maximum of ten.

The support group sessions are 90 minutes long, held once per week and run for six weeks. Morning, mid-day and evening options are available.

If you would like to join a group, please email covidsupportgroup@eehealth.org or call (331) 221-0879 with the following information:

- ▶ Your name and relationship to the deceased
- ▶ Your email address, home address and phone number
- ▶ Preference of participation in morning, mid-day or evening

You will receive a reply within 24-48 hours. Session login information will be provided upon registration confirmation.