

## NURSING CONTINUING EDUCATION CREDITS

### Outcome:

Nurses will have an increased awareness of mental health including addictions, dialectal behavioral therapy, medications and nursing challenges in reducing stress, personal safety, communication skills and preventing negativity

3.5 contact hours of continuing nursing education provided by Edward-Elmhurst Healthcare.

In order to obtain your 3.5 contact hours, you will need to attend the entire conference, complete and turn in an evaluation form.

Edward – Elmhurst Healthcare is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OH-363, 2/1/2017), (OBN-001-91).

## COST

Edward – Elmhurst Healthcare Employees: Free

Undergraduate Nursing Students: Free

All Others: \$30

Please make checks payable to:  
**Edward Hospital.**

Credit card information may be called in to 630-527-3934 or faxed to 630-548-7771

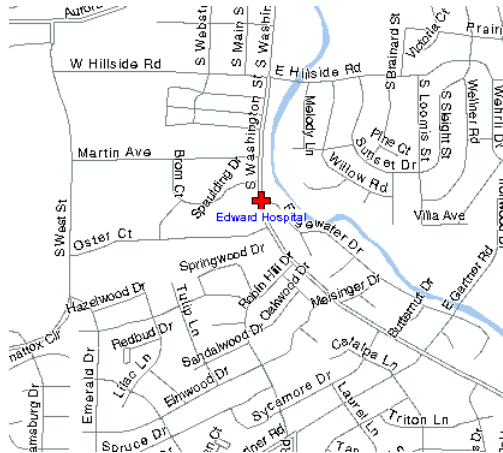
Questions: [mcross@edward.org](mailto:mcross@edward.org)

**Register Now!**

Space is Limited.

## DIRECTIONS:

Coming from the east, take I-88 west to Naperville Road exit, turn right (south), turn right (west) at Ogden Avenue, left (south) onto South Washington Street. Hospital entrance is off of Martin Avenue. Employee parking is available in the C Parking Lot. Visitors may use the North Garage. The conference is held in the Education Center.



## NURSING PROFESSIONAL DEVELOPMENT COUNCIL HOSTS



**Wednesday  
November 2, 2016  
8 am to 12 pm  
Registration 7:30 am**

**Third Floor  
Education Center**

*at*  
**Edward Hospital  
Naperville, Illinois**

Edward-Elmhurst  
HEALTHCARE

**Healthy Driven**

## SCHEDULE

Wednesday, November 2, 2016

7:30 am to 8:00 am

Registration and Light Breakfast

8 am to 9:00 am - Keynote Session

Every Nurse is a Psych Nurse

Jeanette Rossetti, EdD, RN

9:10 am to 10 am – Choose One

“Maintain Your Mind and Body”

Heidi Becker, BSN, RN

Learn how to reduce stress through personal changes in diet, exercise, and attitude.

“Addiction: What, Why, and Who”

Justin Wolfe, LCPC, CADA, CRC

Learn about addiction in Naperville and the surrounding area including the physiology/psychology of addiction

10:10 am to 11 am – Choose One

“Yes, You can Make a Difference!”

Patti Ludwig-Beymer, PhD, RN, CTN-A, NEA-BC, CPPS, FAAN

Learn how to proactively change work environment to reduce/prevent burnout and speaking up and empowering for change.

“Prescription for a Healthy Mind”

Joseph Malesich, RPh

Learn about common psychotropic medications that patients are prescribed during inpatient hospitalizations and considerations for caring for patients taking these medications

11:10 am – 12 pm – Choose One

“Keep Calm and Communicate”

Robert Hung, MD

Learn how to communicate with mental health patients and their families to reduce negative feelings.

Dialectal Behavioral Therapy: Building Skills to Cope”

Kelly Logan, PsyD

Learn about common triggers mental health patients experience and the coping skills used to combat negative behaviors.

**Please return your selections with registration form**

Registration Form  
**DUE BY October 25, 2016**  
Please Print Legibly

Name:	
Address:	
City:	
State:	Zip:
Phone:	
E-Mail:	
Employer:	
If student, College/University:	
Credit Card #:	
Exp Date:	Security Code:
Signature:	

Please send/fax/call registration form with Check, Money Order, or Credit Card made payable to **Edward Hospital**, to:

**Peg Cross**  
**Clinical Education**  
**Edward Hospital**  
**801 South Washington Street**  
**Naperville, IL 60540**  
**630-527-3934**  
**FAX 630-548-7771**  
**Margaret.Cross@EEHealth.org**