



Edward Hospital 2022 Nursing Annual Report





















Message from the Chief Nursing Officer



Moving forward with purpose

The end of Fiscal Year 2022 also marks the end of my first year as Chief Nursing Officer at Edward Hospital. Although it feels like the year passed in the blink of an eye, it was a whirlwind of rebuilding. January through March marked the highest number of COVID patients to date, however, that time did not define the year or prevent you from moving nursing forward. The Employee Engagement Survey and 2022 Culture of Safety Survey identified opportunities for improvement including staffing, a need for increased leadership presence on all shifts, an increased focus on professional development and nurse recognition programs.

Thank you to everyone who picked up extras shifts and recruited nurses to work in our organization. Your efforts made a huge impact during a time when the workforce shortage challenged staffing to volume. The Nurse Staffing Effectiveness Committee has been upgraded to a council and now has a direct care nurse as the chair. This council reviews staffing concerns, benchmarks comparison data, reviews and revises the staffing plan, and identifies process and staffing concerns impacting the units they represent. Two main initiatives that have come out of the committee are redesigning the system sitter pool and the need for a task force on improving the floating experience for nurses and patient care technicians. The Chair of the Committee, Brooke Soukup, RN, and alternate chairs Lisa Cohen, RN, and Sherry Wilson, RN, will also join me in the Illinois Hospital Association Nurse Staffing Committee to collaborate with hospitals across the state.

Revitalizing the Shared Governance Councils has been a major focus this year. The new chairs and coaches of the councils are working collaboratively with leadership to identify nurses for the councils and support participation. I am happy to report that in-person attendance is on the rise and each council has been setting goals that align with our Nursing Strategic Plan. Shared Governance empowers each nurse to have a voice and make an impact on quality, practice and professional development in all locations including Ambulatory Care settings. Please contact your leader if you are interested in becoming a member of a hospital or unit based shared governance council. We welcome your expertise.

I am very excited about the new Nurse Professional Development and Recognition Program that launched in March 2022. Nurses can earn points from five different categories: EEH experience, clinical expertise, professional development, professional engagement and research/evidence-based practice. This program was vetted by the Professional Development Council and is open for all direct care nurses in the system to earn points that can be redeemed for prizes from an online catalogue. Check out the program details on the E-squared nursing portal under E3 Nurse Engagement Program.

Additionally, to address inpatient nurse concerns about low leadership presence, the inpatient leadership structure was revised to include a director, manager and two clinical coordinators for a scope of two inpatient units. Nursing support assistants were hired to provide support for non-clinical functions so nurses can practice at the top of their licenses. A night shift clinical educator was also hired to provide increased support for newer nurses working on off shifts. The goal is to increase nurse engagement, increase communication and promote a collaborative environment where nurses feel supported in day-to-day practice.

This year, a concerted effort has been made to celebrate and recognize nursing excellence in all practice settings. Breakfast with Trish began in March 2022 and since its inception, approximately 75 nurses have been nominated by their department leaders, and their heartwarming and inspiring stories have been shared at a breakfast with me, their leaders and other nominees. Nurses Week 2022 was celebrated as a system. Over 90 Edward Hospital nurses were nominated in five different categories, including a special category for support staff. Members of EEH leadership and I rounded on all shifts and at several outpatient locations including the Corporate Center, Immediate Care Clinics and EMG offices. As CNO, it was inspirational to see how nurses are making a difference across our system.

In closing, I want to thank each of you who took the time to fill out a survey, complete a safety event report, share a concern with a leader, participate in a shared governance council, read MagnetTimes, or tune into a CNO Chat and ask a question. Your engagement and your voice make a difference. All the exciting changes are a result of engaged nurses speaking up to create a culture of nursing excellence. As we move into 2023, I look forward to continued fulfillment of our nursing vision: Inspired Nurses: Caring, Connecting and Leading to Advance Health. I know that all of you inspire me.

Harbanks

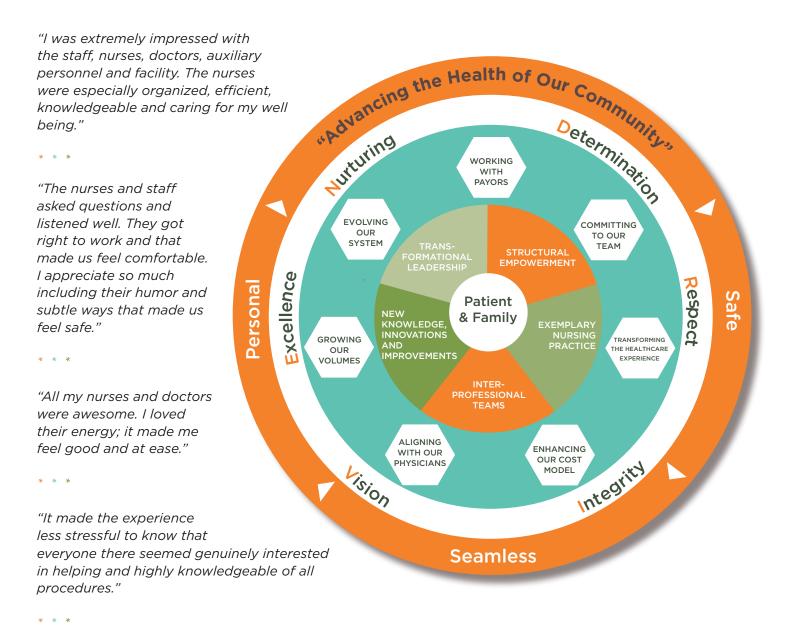
Trish Fairbanks, MSN, RN Vice President and Chief Nursing Officer



Our Nurses in Action

Through compassionate high-quality care, our nurses bring the 2021 Edward Nursing Vision of Clinical Excellence and Patient Safety through Caring Relationships to life every day.

The patient comments below exemplify our commitment to our patients and their families.



"Your professionalism was evident to everyone. Your work is very demanding and diverse, and you never made me feel like I was a bother. You worked so well as a team. You really made me feel like nothing was impossible."

* * *

Transformational Leadership

Council Work and Accomplishments



Nursing Executive Council

- Chair: Trish Fairbanks, MSN, RN, Patti Foley, BSN, RN
- Purpose: Support a strong nursing presence on shared leadership and inter-professional teams. Develop, implement, and monitor the nursing strategic plan.



Practice Council

- Chair: Barb Hamon, BSN, RN, CMSRN
- Coach: Deana Ruby, DNP, APN, ACNP-BC
- Purpose: Recommend practice changes based on American Nurses Association (ANA) standards, patient population specific standards, and evidence-based practice. Communicate with and facilitate feedback from department nurses and the interprofessional team.



Professional Development Council

- Chair: Sam Svihla, BSN, RN, CPAN
- Coach: Patti Foley, BSN, RN, CPPS
- Purpose: Promote nursing through participation in special programs including continuing education activities and nursing recognition.



Quality Council

- Chair: Sandee Hayes, MSN, RN, C-ONQS, RNC-OB, C-EFM
- Coach: Laura Gardzelewski, MBA, MSN, RN, PCCN
- Purpose: Enhance knowledge of ongoing performance improvement by leading, consulting and mentoring staff on unit-based interdisciplinary PI projects. Promote research findings and evidence-based nursing into current nursing practices.



EEMG Council

- Chair: Heather Jamriska, BSN, RN
- Purpose: Define, implement and maintain the highest standards of clinical practice, consistent with the professional standards and requirements of regulatory agencies directed toward improved health outcomes for all patients.

EEMG Nursing Council

By Heather Jamriska, RN

The EEMG Nursing Council focused on positive recognition of staff and reigniting previous projects that were put on hold. Like many other departments, staffing shortages created challenges and increased turnover rates. Although items were placed on the backburner, the council kept up momentum with quick wins. Highlights from the past year include:

- Updated uniform standards to implement holiday, free Fridays, and sports team attire
- Established a Recognition Committee to standardize recognition across all disciplines
- Standardized Nurse's Week across the ambulatory sites
- Increased recognition including Breakfast with Marcie/Trish, Peer Recognition, Healthy Driven Heroes and DAISY nominations
- Ongoing workflow improvements (result notes, lifting policy, TB process)

The council continues to work on integrating the department councils between Edward Health Ventures and the Physician Practice Division. The focus is to identify opportunities which will re-ignite the purpose and excitement of the nursing council to continue our progress on influencing decisions that affect our work environment.

Nursing Strategic Plan

The Edward Nursing Strategic Plan was developed in collaboration with the Nurse Executive Council to define nursing's contributions to the achievement of the organization's strategic goals.

GOALS	GOAL MET
Reduce patient falls	\checkmark
Evaluate and standardize nursing supplies through the work of the Nursing Value Analysis Committee	~
Increase hand hygiene compliance	\checkmark
Standardize nursing rewards and recognition programs	\checkmark
Support community commitment with focus on addressing the opioid epidemic	~
Continue commitment to ongoing process improvement	\checkmark

Good Catch Award

The Good Catch award is presented to employees recognized for actions that prevent potential harm from reaching a patient, visitor or staff member. The following members of the nursing team received the Good Catch Award:

- Sarah Hassert, RN, Mother Baby June 2022
- Caryn Macek, RN, NICU March 2022
- Marian Gupana, RN, Pre-Adm Testing; Julianne Matsie, RN Clinical Leader Pre-Adm Testing; and Mike O'Shea, RN, Service Line Director of Neurosciences and Surgical Services
 February 2022
- Beth Parente, PCT, CRT January 2022
- Cassie Gillespie, RN, Pulmonary Medicine Unit September 2021
- Mikaila Levigne, PCT, ED August 2021
- Stephanie Turner, LPN, Edward Medical Group
 - July 2021



Nurses Week Celebrations

The theme for 2022 Nurses Week was "Nurses Make a Difference." EEH nurses have a huge impact on patients, families and the community. Nurses continually demonstrate how they make a difference through clinical excellence, quality, compassion, courage, and resilience. A weeklong celebration

recognized our nurses. Trish Fairbanks, CNO, along with leadership representatives, rounded on the night shift with coffee and treats. Megan Walsh, LCPC, Employee Support Coordinator,



presented "Human Connections: When a Patient Says Thank You." In addition, Carolyn Jones' documentary films "An American Nurse" and "Defining Hope" were shown throughout one day. The week ended with the Nurses Week Award Celebration. Five nursing awards and one nursing support award were presented from 90+ peer nominations.

Healthy Driven Heroes

October 2021

- Cathy Adamson, RN, Pre-Admission Testing
- Melissa Meehan, RN, Peds/PICU
- Cindy Nix, Telemetry Tech Lead
- Maria Sanchez, RN, NICU
- Kristen Watkins, RN, Labor & Delivery

Daisy Award

The DAISY Award is an international recognition program that honors and celebrates the skillful, compassionate care nurses provide every day. The following Edward nurses have received the DAISY Award:

- Kendra Bendak, RN, Vascular Access Coordinator – December 2021
- Pat Bradley, RN, System Director Women's Services – May 2022
- Danielle DeGrado, APRN, Linden Oaks
 March 2022
- Lisa Tao, RN, Clinical Nurses Labor & Delivery (pictured below) – December 2021



Individual and Team Achievements

The American Nurses Credentialing Center (ANCC) selected Denise Arp, MS, RN-BC, out of 350 applicants, to serve as a Magnet Abstract Reviewer for the ANCC National Magnet Conference and the 2022 ANCC Pathway to Excellence Conference in October.

Trish Fairbanks, VP, CNO, Edward Hospital, Marcie Lafido, VP, CNO, Elmhurst Hospital and Megan Walsh, Employee Support Coordinator, will present a podium presentation titled *Healing the Healers: Investment in mental health champions,* at the 2022 ANCC National Magnet Conference and Pathway to Excellence Conference.

Jennifer Malnati, RN, Clinical Nurse Educator Labor & Delivery, and Heather Rodriguez, RN, Director of Patient Care at Elmhurst, were accepted to present a poster titled *Motherly Love: Taking a Fresh Perspective on the Evidenced-Based Strategy of ERAS in the Obstetrical Setting,* at the 2022 ANCC National Magnet Conference and Pathway to Excellence Conference.

Jennifer

Sweigart received the SCU Nurse of the Year Award in honor of Kara Tompkins. Kara Tompkins was a dedicated nurse on SCU who lost



her life in 2012. She exemplified a commitment to safety, a dedication to patient advocacy, and a passion for nursing.

The Illinois Nurses Foundation announced Samantha Rodriguez, EEH System Manager, Neurosciences Programs and Acute Care Services as one of the 40 Under 40 Emerging Nurse Leaders Award winners for 2022. This award celebrates those who are impacting healthcare and the nursing profession today and who will undoubtedly shape the future of the profession in Illinois!

Pulmonary Medicine Unit received Honorable Mention in the American Nurse Journal's 2022 All-Pro Nursing Team Awards.

EEH Nursing Vision

By Laura Gardzelewski, RN

In April, the new nursing vision was announced – Inspired Nurses: Caring, Connecting, and Leading to Advance Health. The vision was a united effort led by Trish Fairbanks, CNO of Edward Hospital; Marcie Lafido, CNO of Elmhurst Hospital; and Jean Lydon, CNE of Edward-Elmhurst Health.

Trish and Marcie have spent many hours shadowing and engaging nurses to gain insight on pertinent issues. A common theme was passion fatigue. Two years after the start of the COVID-19 pandemic, many nurses indicated they were looking to be reinspired – to believe they can again make a difference to their patients and peers. After seeking feedback from direct care nurses, nurse leaders and CEOs, focusing on the



strengths of the current nursing culture, and reviewing opportunities for improvement, the nursing vision was established. Each word was intentionally chosen to represent the future state of nursing within EEH.

Caring is a fundamental component of nursing that needs to include the whole care team from the patient to the nurse. This starts with self-care which then enables us to effectively share this resource with others.

Connecting bolsters the need to rebuild connections with others. Relationship-based care – looking past a patient's diagnosis and connecting with them as a person – is our established nursing practice. Now more than ever, we need to re-establish connections with our peers and care team. We are stronger together.

Leading embodies the new nursing vision. Nurses are natural leaders, and the nursing profession has been ranked the most trusted profession for the past 20 consecutive years. However, to move beyond the pandemic and staffing shortages, all nurses must embrace their role as leaders, participate in shared governance, and work in partnership to improve nurse engagement and the patient experience.

Trish and Marcie are hopeful the new nursing vision inspires you to connect to your "why" again, lead the way for you to make caring connections with your patients and peers and advance the health of our organization and community.

Professional Nursing Development Fund

Our medical staff funded \$40,000 for nursing professional development. Nurses from 21 areas across the hospital accessed the funds to attend local, regional and national conferences.

Tuition Reimbursement for Nurses

50 nurses received \$151,000 in tuition reimbursement in FY22.

Continuing Education

52 continuing education programs were offered to the nursing staff, including the following:

- Advanced Cardiac Life Support
- Advanced Fetal Monitoring Course
- AORN Peri-Op 101 Training for Operating Room Transition and New Grad Nurses
- Basic EKG Rhythm Interpretation
- Basic Life Support Provider Class
- Certified Emergency Nurse Review Course
- Continuous Renal Replacement Therapy Course
- Crisis Prevention/ Intervention Full Certification Class
- Department of Transportation Drug Screen Collector Training
- ECMO Class
- Emergency Department Intraosseous Insertion Class
- Emergency Department Transition Nurse Course
- Emergency Nurse New Hire Critical Care Class

- Emergency Nurse
 Pediatric Course
- Hemodynamic Basics
- HRO Training
- Intermediate Fetal Monitoring
- Legal Issues in OB and Neonatal Nursing
- Neurology of the Newborn
- Newborn Assessment Class
- NICU Education
- NICU Whole Body Cooling
- Neonatal Resuscitation
 Provider Certification/
- Recertification
- OB Transition Program
- Obstetrical Patient Safety Workshop
- ONA Provider
- Updates
- Pediatric Advanced Life Support
- Preceptor Class
- SHARE Training
- Spinning Babies Class
- STABLE Class
- Trauma Nurse Coordinator Course
- Ultrasound PIV Training

Honoring

Veterans We honor our Veterans at Edward-Elmhurst Health:



- Zabra Allen, RN, L&D
- Krista Alvis, RN, PACU
- Stephanie Beebe, PCT, SCU
- Kyliegh Carie, RN, ED
- Jennifer Deneen, PA, Bolingbrook Immediate Care
- ▶ Camille Dema, RN, IVS
- ▶ Thomas Durkin, RN, ED
- Jonathon Edwards, APN, Bolingbrook Immediate Care
- Michael Fogie, Hyperbaric Safety Technologist, OP Wound Care
- Alexi Folami, RN, ED
- Brett Granholm, RN, ED
- Angelique Hill, RT, Cardiac Cath lab
- ▶ Edwin Huellstrounk, RN, ED
- Daniel Labelle, RN, SCU
- Michael Leininger, PA, Cardiovascular Surgery
- Daniel Marx, RN, Surgery
- > Jasmeen Nasir R.T., Cardiac Cath Lab
- ▶ Beth Russell, RN, Surgery
- ▶ David Monroy-Valencia, RN, ED
- Kelly Weaver, RN Advance Specialty Lead, ED
- Andre Willingham, RT, Cardiac Cath Lab
- Alessandra Ziegler, RN, Radiology

Degrees

Rachel Alvarez, RN, graduated with a Bachelor of Science in Nursing from Indiana Wesleyan University.

Amanda Brown, RN, graduated from Lewis University with a Master of Science in Nursing Education.

Jayne Corrigan, RN, graduated from Lewis University with a Master of Science in Nursing for Adult Gerontology Acute Care Nurse Practitioner.

Elisabeth Falkenthal, RN, graduated with a Master's in Nursing from Lewis University.

Sandee Hayes, RN, graduated with a Master's in Nursing – Nursing Executive Concentration from Purdue University Northwest.

Amy Kubly, RN, graduated with a Bachelor of Science in Nursing from Benedictine University.

Danielle Labarre, RN, graduated from Benedictine University with a Master of Science in Nursing.

Teresa Smith, RN, completed a postmaster's certificate for Psych Mental Health Nurse from Southern Illinois University Edwardsville.

Ellen Turnbull, RN, graduated from Benedictine University with a Master of Science in Nursing.

Rachel Walker, RN, graduated with an MSN in Nursing from Capella University.

Honoring the past, creating the future: Edward celebrates dedication to nursing

Retirees

Edward celebrates nursing retirees transitioning into retirement.

Camrai Damore, RN, NICU, 24 years Carol Herrera, RN, MedOnc, 26 years Elizabeth Hickman, RN, MedOnc, 17 years Deborah Larson, RN, Perinatal, 25 years Nancy Michels, RN, L&D, 33 years Sherry Paeth, RN, Surgery, 15 years Elizabeth Parker, RN, Surgery, 32 years Annabelle Ocasiones-Ponte, RN NICU, 22 years Mary Smith, RN, Lactation Consultant, 8 years

Nurse Residents

We helped new graduates transition to the role of registered professional nurse through didactic and clinical experiences.

Summer 2021

Jillian Balles Amanda Beles Abigail Brush Rebecca Conrad Kaylyn Cox Anthony De La vega Brianna Dunbar Abigail Eckles Briana Ellington Joselyn Flores Valdivia Rita Foster Amy Foulis Allison Fullriede Vanessa Guzman Kayla Halverson Keara Harvey Sarah Hughes Dineh Jaber Kristen Leever Lindsay Loquercio Ashley A Meza Hope Petry Elizabeth Roth Megan Talbot Gina Tito

Fall 2021 Vincenzo Ballone Karen Castaneda John Casuga Angelica Cervera Siara Corral Alexis Cuprinski Mary Kaitlin Devine Emma Ehrhardt Anna Grace Chelsea James Brianna Kirin Raeven Moore Carly Mulder Alexa Ortega Melany Rodriguez Ross Angelo Santiago Jaclyn Stears Troy Tolentino Svdnev N Van Poucke Maria Zazueta

Winter 2022

Adriana Aparicio Montalvo Daniel Cha Samantha Kilian Mackenzie Kirchner Julia Kmiecik Ma Concepcion Manuel Marina Marmolejo Jessica Ochenkowski Erin Paetz Kathryn Payne Julie Petersen Jeannie Querubin Janette Price Samantha Sabor Cinthia Salgado Ardita Saliu Patrick Short Renika Singletary

Structural Empowerment

Breakfast with Trish

Breakfast with Trish is a monthly recognition of Edward nurses, highlighting the excellent, compassionate care provided to patients, families, each other and the community. The breakfasts

are a celebration with laughter and sometimes tears as stories of extraordinary care are shared. They also provide an opportunity for nurses to share with the CNO and other leaders any questions or concerns without judgment or worry. Breakfast with Trish was established in March 2022 and as of August, 59 nurses have been recognized.





Certifications

Your dedication and pursuit of clinical excellence raises the bar for nursing at EEH. You are a role model and essential to our ongoing commitment to clinical improvement. Congratulations to all of you!

Mary Adams, RN, NP-C Kathryn Aliaga, RN, RNC-OB, C-EFM Amber Allen, RN, PCCN Zabra Allen, RN, C-EFM Lorlei Alviar, RN, CCRN, PCCN Leriza Ambray, RN, CNOR Catherine Anelli, RN, CNL Bernadette Anichini, RN, CNOR Nancy Armstrong, RN, CPPS, CPHQ Denise Arp, RN, RN-BC Amber Aslam, RN, CCRN, PCCN Jane Avery, RN, CMSRN Kelly Balash, RN, IBCLC Helena Banach, RN, CEN Chiara Barkley, RN, PCCN Amilyn Barlan, RN, PCCN Brook Barnas, RN, CEN Lauren Batayeh, RN, C-EFM Kendra Bendak, RN, VA-BC Barbara Benz, RN, C-EFM Nickolas Bergstrom, RN, CEN Ariel Bickham, RN, C-EFM, LCCE Carolyn Bik, RN, CCRN-K Alexis Bilardello, RN, OCN Raquel Bischoff, RN, C-EFM Juliette Blondis, RN, CMSRN Donna Boatwright, RN, PCCN-K Amanda Bodinet, RN, CPAN Melissa Boniface, RN, RNC-NIC Cheryl Boss, ANP-BC, CDCES Kristine Boyer, RN, RN-BC Patricia Bradley, RN, RNC-OB, C-EFM Rachael Bradstreet, RN, CMSRN Kelly Bratsos, RN, CCRN Ann Brennan, RN, OCN Ann Brinkman, RN, CCE, CBC Jessica Bromley, RN, CMSRN Lynnette Broome, RN, CEN Karen Brough, RN, OCN Katherine Buczynski, RN, CCRN, SCRN. Tory Bugaieski, RN, CPN. Heather Burgess, RN, RCIS. Kristen Bush, RN, C-EFM. Shelly Carncross, RN, PCCN. Stephanie Carstensen, RN, RNC-OB Kelsey Casey, RN, CCRN, RCIS Monique Cavalcante, RN, C-EFM Lucy Cespedes, RN, CCM Cattleya Chau, RN, RNC-NIC Sarah Chewning, RN, NP-C Jennifer Chludzinski, FNP-BC Thu Cho, RN, CEN Lisa Coen, RN, PCCN Lori Colwell, RN, CRN Rachael Condon, RN, CMSRN Brandy Conner, RN, CMSRN, OCN Sarah Conrad, RN, CMSRN Daniel Conrad, RN, RCIS Shari Cornwell, RN, OCN Jayne Corrigan, RN, CCRN, AGACNP-BC Theresa Crocker, RN, C-EFM Brooke Crumly, RN, OCN Terri Cryder, RN, CEN Sara Czechowicz, RN, CIC Stefani D'andrea, RN, CMSRN, OCN Sandy Davis, FNP-BC Megan Day, RN, CAPA Heather Dearie, RN, RNBC-AMB Lani Destree, BC-ADM, ACNS-BC, CDCES Kellie Devereaux, RN, CEN, CPEN Sandra Diaz, RN, CCRN Bonny Dieter, RN, CMSRN Iris Dimaggio, RN, IBCLC Cynthia Distor, RN, PCCN Paula Donoho, RN, CEN Taylor Doranski, RN, C-EFM Zachary Dougherty, RN, CCRN Cheryl Dougherty, RN, RNC-MNN, IBLCE Adrienne Driscoll, RN, CPEN, CEN, TCRN Lorna Dudzik, RN, CEN Elmer Dulce, RN, NE-BC Christy Dunn, RN, CMSRN Lucy Dzitkowski, RN, CNOR Candace Eamon, RN, CMSRN Jonathon Edwards, NP-C Laura Eichhorn, RN, RNC-OB, C-EFM, NPD-BC Marylou Einbecker, RN, CNOR Lisa Endrud, RN, CPNP-PC Donna Ernest, RN, CEN Hazel Eslit, RN, RNC-MNN Jennifer Esping, RN, CMSRN Marcy Estvander, RN, C-EFM Agnes Ewers, RN, RNC-OB Rhonda Fagust, RN, CEN Elisabeth Falkenthal, RN, CMSRN Karlyn Fancsali, RN, CMSRN Sarah Fay, RN, PCCN Julie Fernandez, RN, CEN Ann Marie Fetter, NP-C Lucia Ferraro, RN, MEDSURG-BC Godwin Roy Flores, RN, NP-C Patricia Foley, RN, CPPS Vladimir Fong, RN, CCRN, CCRN-CMC, CCRN-CSC Stacey Fornek, RN, OCN Ma Galang, RN, CEN Maria Galvan, RN, CNOR Ma Leticia Garcia, RN, CCRN James Garcia-Stevens, RN, RCIS Laura Gardzelewski, RN, PCCN Jolanta Gargano, RN, CPHQ Jenna Gensini, RN, CMSRN Cheryl George, RN, CCM Kimberly George, RN, CCRN Martina Gerlak, RN, CMSRN Suzanne Giaquinto, RN, CCRN Diane Gifford, RN, C-EFM Michelle Gildemeister, RN, RNC-NIC Lynette Golak, RN, C-EFM Marisa Goochey, RN, C-EFM Gina Goodbred, RN, C-EFM Amy Granato, RN, CGRN Amanda Green, RN, RNC-NIC Leslie Greskowiak, FNP-BC Susan Grimaldi, RN, RN-BC Kelsie Groff, RN, CCRN Colleen Grove, RN, C-EFM Tracy Gryn, RN, CMSRN, NP-C Erin Guerrero, RN, C-EFM Allison Gunderson, RN, RNC-MNN Karen Gutierre, RN, CMSRN Jacqueline Guzman, RN, CMSRN Cortney Hagerty, RN, CMSRN Allynda Hammond, RN, CCRN, CMC, PCCN Barbara Hamon, RN, CMSRN Julie Hanes, RN, C-EFM Virginia Hathcock, NP-C Rachel Harding, RN, RNC-NIC Aubrey Harle, RN, C-EFM Courtney Harley, NP-C Sarah Hart, RN, OCN Sandee Hayes, RN, RNC-OB, C-EFM Madison Hester, RN, CMSRN Bridget Hlad, RN, C-EFM Monica Hock, RN, RNC-MNN Deanna Hoole, BC-ADM, CDCES Christine Hopkins, FNP-BC CARN-AP Edwin Huellstrounk, RN, CEN Maria Huerta, RN, OCN Mary Huff, RN, RN-BC, CMSRN Sarah Hulling, RN, PCCN Therese Hulsey, RN, SCRN Kimberly Humiston, RN, RCIS Marnie Iraheta, RN, RNC-NIC Patricia Jackson, NP-C Jennifer Jaltuch, RN, CEN Debra Janca, RN, COHN-S Nicole Jani, RN, CMSRN Melanie Jaquez, RN, OCN Yvette Marie Jimenez, RN, CEN Sandi Jiongco, CWCN_AP, NP-C, CFCN, WCC, DWC Diana Johnson, RN, CMSRN Dawn Johnson, RN, RNBC-AMB Dawn Johnson, RN, WHNP-BC Deborah Jordan, RN, IBCLC Minhee Kang, RN, CGRN Yichang Kao, RN, RNC-MNN Eman Karim, RN, CEN Taryn Keblusek, RN, CMSRN Amanda Kelly, RN, CPN Megan Kelly, RN, CEN Taehoon Kim, RN, PCCN Jenny Kim, RN, CGRN Rachel Kimbro, RN, CEN Thomas Kimbro, RN, CEN Kristen Kirincich, RN, CCRN Katelyn Kline-Tapia, FNP-BC Elizabeth Koch, RN, OCN Melissa Koenig, RN, WCC, CHRN Staci Koenings, RN, CEN Lissy Kolath, RN, CVRNL1, SCRN, CCRN Susan Kometz, RN, CRRN Theresa Kosovrasti, ON RNC Angela Kostner, RN, C-FNP-BC Barbara Kopelman, CDCES Karen Krebs, RN, RNC-LRN Sarah Krippel, NP-C Danielle Labarre, RN, RNC-OB, C-EFM Daniel Labelle, RN, CMSRN Melynette Labelle, RN, CMSRN Justyna Lagman, RN, IBCLC Sarah Larkin, RN, C-EFM Regina Lasare, RN, CAPA Elain Lawrence, FNP-BC Ann Legutki, RN, CPHRM Lisa Leonard, RN, CEN Kelly Lepak, RN, CMSRN Deborah Lizka, RN, CMSRN Kelly Litterst, RN, CEN Cheryl Lorenzin, FNP-BC Sarah Luciano, RN, CEN Kirsten Ludwig, RN, RCIS Sheila Luna, RN, CNOR Mary Lyons, RN, RN-BC Colleen Lynch, RN, OCN Lisa Mackowiak, RN, CMSRN Megan Magana, RN, C-EFM Morghan Mahy, RN, PCCN Barbara Malec, RN, CNOR Jennifer Malnati, RN, RNC-OB, C-EFM Gretchen Maloney, RN, IBCLC Maureen Maltese, RN, RN-BC, Ambulatory Michelle Mander, RN, CEN Tonya Mangiaguerra, RN, ACCNS-N, RNC-NIC Kristy Mann, RN, C-EFM Mary Marguerite Manseau, RN, CCRN Alyssa Manuel, RN, CCRN Jennifer Marcinek, RN, C-EFM Marissa Marshall, RN, CNOR Linda Martin Dean, RN, CPHQ, CPPS Heather Martinez, RN, PCCN Jill Martinez, RN, C-EFM Amanda Martz, RN, CPN Heather Marvin, FNP-BC Samantha Mascari, RN, RNC-OB, CCE, CBC Allison Mathis, RN, RNC-MNN, C-EFM Sherry Lynn Matias, RN, CBC, CCRN Kelly Mauro, RN, C-EFM Elizabeth Mayer, RN, CEN Sandra Mazur, NP-C Sarah Mazzone, RN, CEN Maria McAdams, RN, CNOR Tara Mcdermott, RN, CBC Kimberly McDonnell, RN, CNOR Megan Mcghee, RN, C-EFM Matthew McLinden, RN, NP-C Sabrina McWherter, RN, CEN Anais Medina, RN, C-EFM Ashley Mendez, RN, C-EFM Cheryl Mettille, RN, CEN Tryniti Metz, RN, CEN Erica Michaels, RN, CBC Lina Michelon, RN, CEN Sofia Mikac, RN, OCN, CCRP Nicole Miller, RN, CPHQ, CPPS Jacqueline Moecher, RN, PCCN Margaret Moen, RN, ACM Crystal Montes, RN, C-EFM Dennis Moore, RN, CPHQ, CPPS Marguisha Moore, RN, CMSRN Lauren Morris, RN, C-EFM Alexandra Moses, RN, CCRN, WCC Kandondo Mpulamasaka-Muloshi, RN, CMSRN Lauren Murdie, RN, CEN Elaine Murphey, RN, C-EFM Lauren Murphy, RN, CCRN Karen Murphy, RN, CMSRN Eileen Murray-Maylone, RN, RNC-NIC Christi Mynaugh, RN, CPHQ Elizabeth Na, RN, CCRN Jennifer Nash, RN, RNC-OB, C-EFM Mary Nelson, RN, RNC-NIC Natalie O'Brien, RN, CEN Jessica O'Connor, RN, CMSRN Kerry O'Connor, RN, SANE-A Teresa O'Grady, RN, RNC-OB Lisa O'Herron, RN, C-EFM Kathryn Olewine, RN, FNP-BC Jacquelyn Oliver, RN, RNC-OB, C-EFM Heather Owens, RN, CMSRN Bonnie Paliokaitis, RN, RNC-OB, C-EFM Sandra Parra-Vogler, RN, CCRN Shannon Pasowicz, RN, CEN Diane Patino, RN, VA-BC Michele Pecenka, RN, CCM Kathryn Pence, RN, CVRNL1, RCIS Mary Phillip, RN, CPN Brittany Pieper, RN, CEN Nancy Pizzurro, RN, CURN Odolina Pope, NP-C Maria Porciuncula, RN, OCN Korrine Potter, RN, CEN Tara Poull, RN, CNOR Angela Prindiville, RN, C-EFM Christina Pudwell, RN, IBCLC Chotiros Pullarp, RN, CMSRN Natalie Quinn, RN, CNL Kristi Quintero, RN, C-EFM Jean Rader, RN, NE-BC Julie Rajeck, RN, OCN Priya Rajesh, RN, RNBC-MS, OCN Ruth Rankin, RN, CPPS, CPHRM Nancy Raschke Deichstetter, RN, CEN Cecilia Raymond, RN, CNOR Emily Rebus, RN, OCN Monica Regotti, RN, CEN Patricia Reichenbach, RN, RNC-MNN Meaghan Reynolds, RN, C-EFM Sheryl Rickord, RN, CHSE Sue Rio, RN, IBCLC Elizabeth Roberts, RN, CEN Samantha Robinson, RN, C-EFM Carina Rodriguez, RN, CMSRN Kaitlyn Rosales, CHRN Nancy Rosenbery, RN, RNC-OB, C-EFM, CPPS, CPHQ Brian Ross, RN, CEN Patty Roumeliotis, RN, IBCLC Amy Rowe, RN, CCRN Deana Ruby, RN, ACNP-BC Rita Rusenas, RN, CWOCN Paula Russo, RN, CCRN Sharon Rymsza, RN, C-EFM Yvette Saba, RN, CHE, FACHE Alicia Sage, RN, CPN Kerrie Samuelian, RN, CNL Katherine Scalzo, RN, RNC-OB, C-EFM Randall Schmidt, RN, CEN Jordan Schmitke, RN, CNRN Jessica Schnase, RN, CBCN, OCN Kathryn Schuster-Higgins, RN, CNOR Michele Schwartz, RN, CCDS Maria Sebastian, RN, ACM Suzette Selig, RN, CNOR Heidi Serrano, RN, PCCN Jennifer Shanks, RN, RN-BC, Ambulatory Jennifer Shea, RN, RCIS Jennifer Shepard, RN, CPN Amelia Simenson, RN, RNC-MNN Ausra Simmert, NP-C Michelle Siore, RN, RNC-OB, C-EFM Alison Slaney, RN, CPN Sarah Slouber, RN, CMSRN Teresa Smith, RN, FNP-BC, NP-C, CEN, PMHNP-BC Allison Smith, RN, RNC-OB, C-EFM, RNC-IAP Mary Smith, RN, RN-BC-AMB, CCE, C-EFM, RN-BC-ProfDev Saundra Sobczak, RN, CEN Liza Sombrito, RN, WCC Samantha Sopko, RN, CPAN Brooke Soukup, RN, CCRN Lisa Spandl, RN, RNC-OB, C-EFM Michael Spengler, RN, CMSRN Marie Spitzer, RN, CCRN Cheri Sprietier, FNP-BC Donna Steiner, RN, RNC-OB Angela Stephenson, RN, RNC-NIC Terri Stonecipher, RN, CNOR Carole Sullivan, RN, CEN Elizabeth Sutherland, RN, CEN Kristen Swain, RN, C-EFM Margaret Symes, RN, CMSRN Kathleen Szymanek, RN, RN-BC CVN Bethany Talley, RN, CEN Jenna Tameling, RN, OCN Julie Thomas, RN, OCN Regina Thompson, RN, OCN Virginia Thomton, RN, CMSRN Katherine Tibbs, RN, PCCN Travis Tirpak, FNP-BC Megan Tollios, RN, PCCN Lori Tricarico, RN, CNOR Angela Tubbs, RN, CEN Christen Quinn, RN, CCDS Jennifer Ugalde, RN, CNOR Sheila Vacek, RN, CNOR Alexandra Vallejo, RN, CEN Simi Varghese, RN, C-EFM Mary Vercellino, ACNS-BC, BC-ADM, CWON Danielle Vicario, RN, C-EFM Anne Vick, RN, RN-BC, Ambulatory Jason Vick, FNP-BC Judith Vierke, RN, CCM Susan Villa, RN, C-EFM Rachel Walker, RN, CCRN Trisha Walker, RN, CMSRN John Walwer, RN, CCRN Hilliary Warren, RN, RNC-OB Kristin Watkins, RN, C-EFM Jennifer Watts, RN, IBCLC Kelly Weaver, RN, CEN, CPEN Joyce Wedgewood, RN, IBCLC Theresa Welsch, RN, C-EFM Beverly Wendell, RN, FNP-BC, GCNS-BC Kathryn Wermes, RN, CEN Suzanne Whitford, RN, CMSRN Gina Wielgus, RN, C-EFM Pamella Willett, RN, CMSRN, OCN Rosemary Williams, RN, CCDS Jennifer Wilson, RN, CMSRN Sheri Wilson, RN, CPN Emily Wittenkeller, RN, OCN Aimee Wittwer, RN, PCCN Kristen Wojtun, RN, CEN Jacqueline Wydra, RN, C-EFM Kaesuk You, RN, RCIS Erin Zea, RN, CNOR Alessandra Ziegler, RN, CCRN David Zimmerman, RN, CEN

Exemplary Professional Practice

Nurse Staffing Effectiveness Committee By Patti Foley, RN

In response to the Nurse Staffing Improvement Act of 2021, the Edward Nurse Staffing Committee increased membership, set new goals, and changed their name to the Nurse Staffing Effectiveness Committee.

The purpose of the committee is to strengthen the voice of the direct care registered nurse and to reinforce the role of the nursing care committee. The committee has increased membership of the direct care nurse from 51% to 75%. To date, committee members have provided input on the following:

- Minimum staffing levels
- An acuity model to provide staffing flexibility that aligns changing patient acuity with required nursing skills
- A written staffing plan with consideration to:
 - Patient outcomes
 - Concerns regarding staffing
 - Overtime hours worked

The committee elected Brooke Soukup, RN, Intensive Care Unit, as the Committee Chair. Brooke will work closely with Trish Fairbanks, CNO, to facilitate council meetings, communicate follow-up actions to members and develop semi-annual reports to the committee and an annual report to the hospital's governing board, including recommendations for future changes to nurse staffing. Seen as a vital structure of nursing at Edward, the Nurse Staffing Effectiveness Committee will now join and report activities and outcomes to the Nursing Executive Council.



Empirical Outcomes Nursing Sensitive Indicators

Nursing sensitive indicators are patient outcome measurements that reflect the impact of high-quality nursing care and the commitment Edward nurses give to our patients. All four Nursing Sensitive Indicators (CLABSI, CAUTI, Falls with Injury and HAPI) reported to ANCC Magnet® outperformed the requirements for Magnet Recognition. This means that Edward rates were below the NDNQI mean the majority of units, the majority of quarters.



In March 2022 Edward Hospital, Pulmonary Medicine Unit received Honorable Mention in the American Nurse Journal 2022 All-Pro Nursing Team Awards. A contributing factor in their success is the exemplary professional practice displayed by the team as evidenced by the NDNQI Quality Data between Q2 2020 through Q2 2022:

- Remained below the NDNQI mean for Total Patient Falls Per 1,000 Patient Days
- Zero Percent of Surveyed Patients with Hospital Acquired Pressure Injuries Stage 2 and above
- Zero Catheter Associated Urinary Tract Infections per 1000 Catheter Days



Nursing Scholarships

The Edward Foundation awarded \$26,000 in nursing scholarships to 13 Edward Hospital employees who are pursuing a degree or advanced degree in nursing. The employees were recognized at a ceremony on Feb. 24 at Edward Hospital.

A \$2,000 Agnes A. Book Memorial Nursing Scholarship was awarded to Rachel Walker, RN, a Glendale Heights resident, who works in the Intensive Care Unit (ICU). The annual scholarship originated from a fund established by the Book family in memory of their mother, who was a nurse at Edward for more than 20 years.

The Foundation also awarded \$2,000 nursing scholarships to 12 Edward employees:

- Faith Almieri, RN, Cardiac-Neuro ICU
- ▶ Lindsay Cerchio, RN, ICU
- Sandi Darnell, RN, Bolingbrook Immediate Care
- Christina Deacy, RN, Perioperative Services
- Lee Ann Grabon, RN, Cardiac Catheterization Lab
- Prerna Malhotra, RN, Perioperative Services
- Natasha Oehlerking, RN, Emergency Department
- Kati Sibenaller, RN, Edward Medical Group Yorkville
- Jada Sims, RN, Cardiac-Neuro ICU
- Mercedes Strezo, PCT, Cardiac Telemetry
- Nicole Ticknor, LPN, Population Health
- John Walwer, RN, Cardiac-Neuro ICU

Practice Transition Accreditation Program (PTAP)

By Denise Arp, RN

Edward Hospital has been accredited with distinction as a Practice Transition Program by the American Nurses Credentialing Center's Accreditation (ANCC) program since early 2020. There are currently 209 practice transition accreditation programs (PTAPs) in the U.S. The PTAP validation program follows evidence-based best practices and alignment with organizational goals of achieving nursing excellence.

In FY22, there were 80 nurse residents that participated in three cohorts at Edward Hospital.

Edward Hospital program overview:

- Biannual program with cohorts starting in August/September and February/March, with an October/November cohort start as needed
- Nurse residents hired into a particular unit
- Graduation from an accredited BSN nursing program
- Program structure:
 - 6-9 months long, dependent on workplace setting and nurse resident readiness
 - Weeks 0-20: Lecture series one day per week consisting of didactic, simulated experiences, EKG



course, and orientation reflection sessions

- Weeks 20-24: Unit specific courses such as ACLS and American Association of Critical Care Nurses online program
- Weeks 24-36: A touchpoint scheduled for additional education and to gauge transition. Unit specific education continues.

New Knowledge & Innovations

Newly Opened Research Studies

- Brittany Brunner, BSN, RN Increasing Patient Mobility through Staff Education and Awareness
- Irene Chavez, MBA, BS, RN Reducing Hypoglycemic Events
- Alex Folami, MSN, RN, Plainfield Emergency Department
 Emergency Room Misuse.
- Jola Gargano, MSN, RN Participation in the LAAO (Left Atrial Appendage Occlusion) Clinical Data Registry
- Christine Hopkins, MSN, FNP-BCRN Using Opioid Screening Tools in a Preoperative Surgery Spine Population
- Brian Reyes, BSN, RN Measuring Critical Thinking of Emergency Department Transition Nurses after Simulation
- Ellen Turnbull, BSN, RN Improving Patient Throughput from the Emergency Department Using and Electronic Handoff Tool

Scholarly Works

- Marie Spitzer, MSN, RN, CCRN, was a co-presenter on the panel discussion of the 2022 Innovations in Clinical Inquiry Symposium hosted by Lurie Children's Hospital and Shirley Ryan Ability Lab on March 10, 2022.
- Kendra Bendak, BSN, RN, VA-BC, presented two posters entitled "Viscosity of Contrast Determines Required Max Flow Rate" and "Tissue Adhesive Trial and Implementation to Mitigate Catheter Migration" at the Association for Vascular Access Conference which was held virtually September 16-19, 2021.
- ▶ Mary Lyons, MSN, AGCNS-BC, PMGT-BC, AP-PMN
 - Presented Showcase your APRN Expertise: Steps to Achieve Advanced Practice Pain Management Nurse (AP-PMN) Recognition at the ASPMN 31st National Conference held virtually September 29 - October 2, 2021.
 - Published a position statement entitled Acute Perioperative Pain Management Among Patients Undergoing Orthopaedic Surgery in Pain Management Nursing: 23 (2022, 251-253) and Orthopaedic Nursing: May/June 2022 41(3) in June 2022.
- Karen Murphy, BSN, RN did a poster presentation entitled Stoplight Pain Management Method for Knee and Hip Arthroplasties at the Research and Evidence Based Practice Symposium at Northwest Community Healthcare in Arlington Heights on May 6, 2022.

Gift of Hope Committee

By Carolyn Bik, RN

The Gift of Hope Committee has been active at Edward Hospital for over ten years. As an interdisciplinary team partnering with representatives from Gift of Hope (coordinating organ and tissue donation) and Eversight (coordinating eye donation), the committee has played a crucial role in making donation possible and improving community health.

The team consists of clinical staff, including an advanced practice nurse, a physician champion, and nurses from the ED, Critical Care, Women & Children's Services, and the Operating Room, as well as staff from Respiratory and Spiritual Care. Donation partners include Gift of Hope and Eversight. Two primary objectives are to support donor families and increase EEH employee and community awareness about the importance of organ, eye and tissue donation.

When a family consents to organ donation, Gift of Hope flags are raised at our entrances to honor the donor and donor family. In addition, a posting on E-squared asks employees to take a moment to reflect how this selfless gift will impact others today and in the future.

On October 5, 2021, EEH was recognized for achieving platinum recognition, the highestlevel honor, for the 2020 and 2021 Hospital Organ Donation Campaign sponsored by Health Resources and Services Administration (HRSA) in conjunction with Gift of Hope. In 2022, EEH reached its goal of registering 100 donors and registered a total of 132 new donors.



Innovative Practices at Edward Hospital

Nurses continually improve patient care and the healthcare environment by learning new skills, implementing new processes, providing new services and incorporating evidence-based care into practice. Noteworthy initiatives:

Ortho Spine — Implemented Power Hour to improve care of patients and answer call lights during the change of shift hour. RNs cover during PCT report time and PCTs cover during RN report time.

SCU — Collaborated with PACU to help improve the handoff process and decrease nursing challenges.

NICU — Started a Transition Program for new graduate nurses and nurses new to the specialty of neonatal intensive care. Added a full-time APN to the team resulting in consistent interdisciplinary rounding.

CTU 2&8 — Launched a new bedside report process that was driven by bedside staff input, collaboration with leadership, and literature review. Since implementation, bedside report scores have significantly improved for four straight months.

CTU7 — Nursing quality improvement project to prevent complications in post operative peripheral vascular patients. Information provided by nurses to fellow coworkers through a series of education mediums.

CTU3 — Concentrated on improving the healthcare environment by re-evaluating security measures and safety of the current environment including doors, locks, cameras, and alarm systems.

Women & Children – Improved Nulliparous, Term, Singleton, Vertex (NTSV) Cesarean Section Rates by implementing spinning babies labor support strategies.

Peds/PICU — Partnered with Linden Oaks to revise the Peds/PICU behavioral health patient workflow. Behavioral Health Assistants meet with patients daily resulting in a decrease in LOH admissions. "Dear Patient" letter was updated to be Peds/PICU specific and added to the Suicide Precautions Toolkit as an addendum.

Peri-Op — Decreased admissions of same day total hip and knee patients due to post-op complications by addressing root causes of admissions and implementing plans to improve.

Surgical Division — Implemented a "Smoke Free" Environment by adopting policies and equipment to ensure the elimination of surgical smoke plume seen with procedures such as electrosurgery and lasers.

Endoscopy – Launched a new procedure-robot assisted bronchoscopy this past April.

Emergency Department — Revised suicide precautions and elopement precautions to keep psychiatric patients safe in the ED. Staff created new policies and a systemwide patient sitter pool was implemented.

Interventional Suites — Performing "Flouro-less" Electrophysiology for ablations resulting in no radiation exposure for the patient and staff for these procedures. For example: Cryoablations for Atrial Fibrillation, all other ablations for PVC, V. Tach, SVT, Atrial Flutter, and also redo ablations- using only 'ICE' Intra- Cardiac Echo and the ablation catheters.

Cancer Center — Improved workflow by relocating an APRN to the infusion nurse's station to answer questions the nurses may have about their patient's condition, treatment plans, lab values, signing orders. Most importantly, when a hypersensitivity reaction occurs, the APRN is right there to assess and give orders in real time.

Employee Health — Implemented a Employee COVID Online Questionnaire to automate and streamline the process for a quicker turnaround time for addressing COVID symptoms/exposures in HCW. Developed a Monkeypox Exposure Process to prevent the spread of Monkeypox among HCWs and patients.

Occupational Health — Educated and trained nurses on how to properly conduct Lift Assessments for client companies.

Cardiac Rehab — Cross-trained all RN's and Exercise Physiologists to Phase 1 and Phase 2 Cardiac Rehab Patient Orientation resulting in increased efficiency to meet patient needs. This is best practice according to the American Academy of Cardiovascular and Pulmonary Rehabilitation.

Prevention & Education — Improved the process for Peripheral Vascular screening, converting forms from paper to electronic, resulting in forms becoming a permanent part of patient's medical record. Revised the EEH intranet with Heart Scan Advertising to be more accurate. Trained nurses in the Jumpstart Virtual Program, enabling them to offer lifestyle modifications to participants through weekly Zoom meetings.

Center for Cardiac Health — Coordinated a process with the Vascular Access Team to place IV on patients with a history of difficult IV insertions. Enlisted the help of a volunteer to transport patients to Peri-operative Services upon arrival for IV placement and lab draw.











Edward Hospital 2022 Nursing Annual Report