

# Palliative Care Team

Our palliative care providers are ready to assist your patients with symptom relief in tandem with your treatment plan for serious, life-limiting diagnoses. Palliative care is based on the needs of the patient, not the patient's prognosis. Our goal is to help improve a patient's ability to undergo medical treatments while alleviating symptoms and stress to promote quality of life. Our team helps patients and their families to better understand the diagnosis, choices for medical care and provide an extra layer of support.

In addition to Dr. Grewal and Dr. Salvador, we have three palliative care APRN inpatient specialists at Edward Hospital and two palliative care APRN inpatient specialists at Elmhurst Hospital. We also have two outpatient palliative care APRN specialists seeing patients at the Elmhurst, Naperville and Plainfield Cancer Centers.

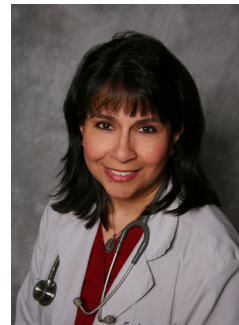


**Harman Grewal, MD**  
Palliative Care

Dr. Grewal is board-certified in internal medicine and hospice and palliative medicine. She received her medical degree from Kasturba Medical College in Manipal, India. Dr. Grewal completed her residency in internal medicine at Easton

Hospital, Easton, Pennsylvania in affiliation with Drexel University School of Medicine, and completed her fellowship in hospice and palliative care at John H. Stroger Jr. Hospital of Cook County and Rush University Medical Center.

Dr. Grewal brings a collaborative approach to palliative care by working in conjunction with primary care and subspecialists on symptom control. Her clinical interests include palliative care in advanced lung disease and advanced heart disease. She is committed to educating her patients about their disease trajectory and the continuum of care, so they understand the options available to them and can make informed choices. She is a member of the American Academy of Hospice and Palliative Care and the American College of Physicians. Dr. Grewal sees patients primarily at Edward Hospital.



**Nooshig L. Salvador, MD, MSOM, LAc**  
System Medical Director of Palliative Care

Dr. Salvador is board-certified in palliative care and hospice medicine as well as in internal medicine. She received her medical degree from Loyola University Stritch School of

Medicine. Dr. Salvador completed her residency in internal medicine and pediatrics at Wayne State University Detroit Medical Center. She also completed her Master of Science Degree in Traditional Chinese Medicine and Acupuncture at National University of Health Sciences then became board certified and licensed to practice these fields. In addition, she recently graduated from the Andrew Weil Integrative Medicine Fellowship. She is currently finishing her graduate studies in bioethics at Trinity International University. With the educational experiences mentioned, Dr. Salvador has given multiple presentations on both palliative care and integrative medicine modalities. In 2018, she became the system medical director for palliative care services for both hospitals.

Dr. Salvador believes in the vital importance of giving her patients a clear understanding of their situation and the options that are available to them. Moreover, her focus is on treating the whole person – mind, body and spirit. Her clinical interests include compassionate goals of care discussions as well as nutrition, phytonutrients, the microbiome, acupressure, acupuncture, meditation and prayer being integrative measures. She currently serves as the chairperson for Elmhurst Hospital's Ethics Committee and has been a member since 2008. She is a member of the American Academy of Hospice and Palliative Care Medicine, the American College of Physicians, the Illinois Association of Acupuncture and Oriental Medicine, the National Certification Commission for Acupuncture and Oriental Medicine and the State of Illinois POLST Committee. Dr. Salvador sees patients at both Edward Hospital and Elmhurst Hospital.

## Referring a Patient

We can assist your patients with uncontrolled symptoms, goals of care discussions and advanced care planning (HCPOA, LW and State of Illinois POLST). To partner with our team, enter Inpatient Consult for Palliative Care or an Outpatient Referral for Palliative Care in Epic.

**Elmhurst -- Dr. Salvador**  
155 E. Brush Hill Road  
(331) 221-0326

**Naperville -- Dr. Grewal**  
801 S. Washington Street  
(630) 646-8849