

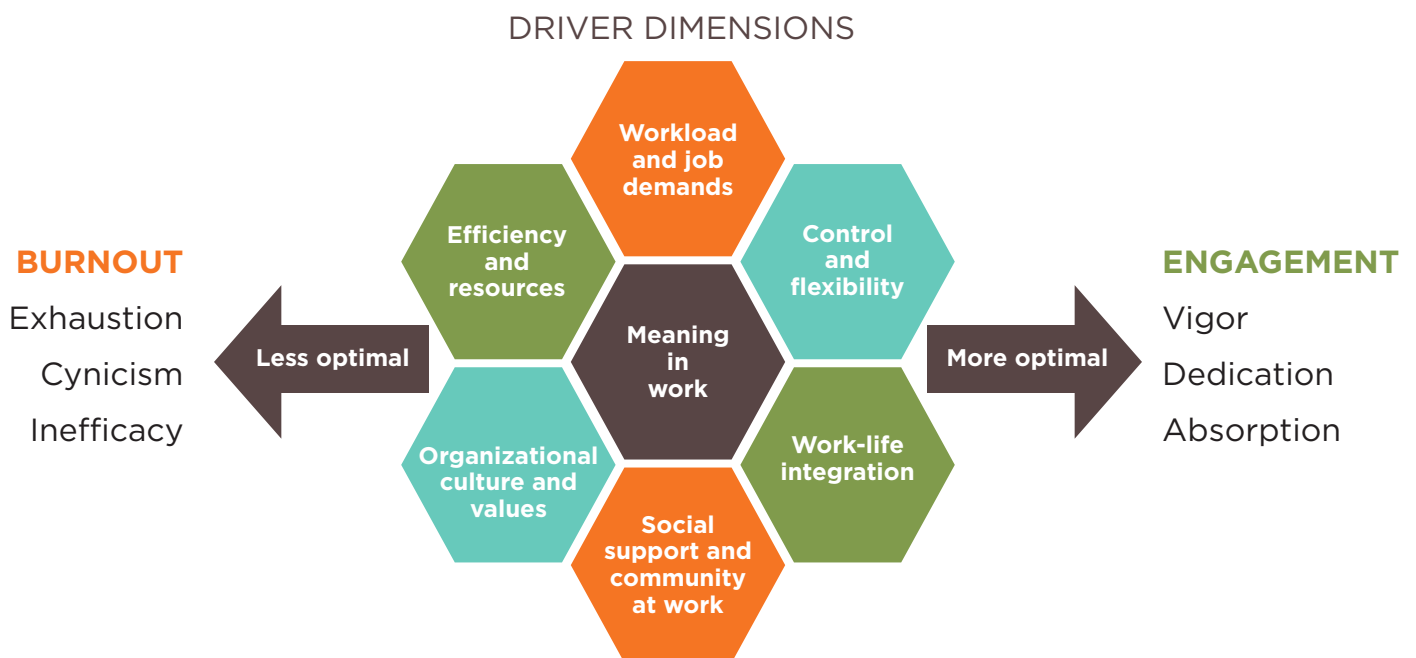
Physician Burnout vs Engagement

Burnout is a long term stress reaction that lives on a continuum marked by 4 key factors

- 1. Exhaustion:** physical and emotional tiring
- 2. Cynicism:** negativity about the medical field
- 3. Low self-efficacy:** loss of ability to control one's work
- 4. Depersonalization:** disconnecting from both people and the organization

42% of physicians report burnout

- Medscape National Physician Burnout & Depression Report 2020



Edward-Elmhurst Health is committed to physician wellness and engagement.

We are hard at work at coming up with solutions but we will need your help as providers. Physicians are being asked to take a survey to assess the EEH state of physician burnout and wellness. Even if you feel engaged do it for your colleague who may not be doing as well.