

# 2017

## MEMORIAL DAY WEEKEND SCHEDULE

### Naperville

Midday members can attend any class on Monday, May 29, 2017 due to revised schedule

Regular schedules resume on Tuesday, May 30

**No special population classes on Monday, May 29**

Group Exercise Supervisor, Renee Nelson at (630) 646-5922

Adult Aquatic Coordinator, Alice Novotny at (630) 646-5905

Saturday, May 27 Center Hours: 7am-5pm	Sunday, May 28 Center Hours: 7am-4pm
<p>7:30am Hero's High Voltage Cardio Karen N.—60 min</p> <p>8:00am Honor Cycle Bonnie—60 min</p> <p>8:30am Taps TBS Sally—60 min</p> <p>9:00am Red, White and Blue Water Works <i>(Jane- 60 min) Lap Pool</i></p> <p>9:30am Life, Liberty &amp; Yoga Bridget—60 min</p>	<p>8:00am Courageous Creative Step &amp; Strength Jennifer—90 min</p> <p>8:00am Honor Cycle Bonnie—60 min</p> <p>9:00am Aqua Memorial Memories <i>(Kim- 60 min) Lap Pool</i></p> <p>9:30am Admiration Yoga Nancy —60 min</p>
Monday, May 29 Center Hours: 7am-2pm	WHAT'S HAPPENING?
<p>8:30am Red White and Blue Perf Cycle Tammy—60 min</p> <p>8:30am Courageous Cardio Karen N—60 min</p> <p>9:30am Memorial Muscle Jessie—60 min</p> <p>9:00am Commemorative Splash <i>(Jeri- 60 min ) Lap Pool</i></p> <p>10:30am ZUMBA BLAST! Thomas—60 min</p>	<p style="text-align: center;"><b>HIPS DON'T LIE!</b> Hip and Shoulder Opener June 8—July 13 4:30—5:30pm</p> <p style="text-align: center;"><b>TRX EXPRESS!</b> Wednesdays at 9:45am or 4:45pm 30 minutes June 7—July 12</p>