



Splash into fun!

Sign up for swim lessons

Introduce your child to the water and help them develop their stroke by registering for swimming lessons at Edward-Elmhurst Health & Fitness. Our one hour swim lessons are available for children from 3 to 14 years old.

We can help keep your kids healthy and build habits that will last a lifetime. During our safe and interactive lessons, you'll find:

- Small class sizes. Children receive individualized attention due to our small teacher to student ratio.
- A zero depth pool. Our shallow, zero depth pool enables young children to comfortably stand in between taking turns in the water.
- A program built on progression of core swimming skills. Our goal is to build technique and endurance in the water.

Sign up for a class or private swim lesson today! Call the Children's Desk for a swim test reservation or register for a class by calling (630) 646-7940.

Diaper Dippers

30-minute class for infants and toddlers with their parents ranging from 6 months to 3 years.

Tadpole

45-minute program for the child and a parent, offered for children between 2 and 5-years-old. This class helps children gain confidence in the water before transitioning to our Hydrokids lessons.

Hydrokids

60-minute program for children 3 to 14 years. Six levels are offered based on progression of accurate swimming techniques.

Tsunami

60-minute program for children who have passed our level 6 class or who can swim freestyle, backstroke, breaststroke and beginner butterfly. This program is meant for swimmers to build endurance needed for recreational lap swimming or conditioning for swim team.

Private swim lessons

30-minute individual or partner swim lessons with a trained instructor. We'll find an instructor who can meet your child's swimming needs and we'll schedule private swim lessons based on availability. For all ages.