2019 Group Swimming Lessons

Please call the **Children's Desk** for a new swimmer placement test reservation or for phone registration at **(630)-646-7940**.

■ ***Spring 2019 :*** **March 25th – May 18th**

No Class Dates: April 19th & 20th

Make up week: May 20th—May 25th

New Swimmer Testing Date: March 13th 7:00-8:00pm

Priority Online Registration: Thursday March 14th at 8:30am– Friday March 15th at 12:00pm

Priority Registration: Monday March 18th at 8:00am

New Swimmer Registration: Tuesday March 19th at 8:00am

- ***Summer 2019:*** **June 3rd– August 3rd**

No Class Dates: July 1, 2, 3, 4, 5, 6

Make up week: August 5th– August 10th

New Swimmer Testing Date: May 15th 7:00-8:00pm

Priority Online Registration: May 16th 8:30am– Friday May 17th at 12:00pm
Priority Registration: May 20th at 8:00am
New Swimmer Registration: May 21st at 8:00am

- ***Back to School Session: 2019:*** **August 12th - October 5th**

No Class Dates: August 31st & September 2nd

Make up week: October 7th– October 12th

New Swimmer Testing Date: Wed. July 31st 7:00-8:00pm
Priority Online Registration: Aug.1st 8:30am– Friday Aug. 2nd 12:00pm
Priority Registration: August 5th at 8:00am
New Swimmer Registration: August 6th at 8:00am

HealthyDriven

Aquatic Policies

Swim Lesson Policies

■ **MAKE-UP POLICY:** We DO NOT offer Makeup lessons for schedule conflicts with lessons or traveling. We will **ONLY** provide make-up lessons if EEHF must cancel a lesson due to a holiday or contamination of the pool.

* Makeup week is a week we add on to the end of each session IN CASE we have to cancel a lesson due to a holiday in wich it falls on, or a contamination of the pool. Please respect this rule.

■ **CANCELLATION / SWITCHING FEES:** There is a $15 dollar switching fee and $15 dollar cancellation fee with permission from the children's aquatic coordinator after the first week.

■ **HYDROKIDS, TSUNAMI,TADPOLES, And Diaper Dippers:** Parents, family, and friends may view the lessons through the windows. Please refrain from entering pool area during lessons. During lessons, the pool and deck will be closed to people not enrolled in swim lessons.

CHILD SAFETY POLICY:

If you child is 8 and under please be sure that you are within viewing distance of your child during their lessons. When children need assistance to use the bathroom, we need you to be able to see them and meet them at the bathroom door.

■ **POOL RENTALS / CAMP:** Children's pool will be closed to anyone not involved.

■ **FAMILY SWIM:** During family swim you may use the children's pool provided the parent/guardian remains in the pool or "on deck" according to rules listed above. A lifeguard is NOT on duty.

■ **POOL POLICY: Children who are not potty trained are required to wear a swim diaper, rubber pants, and a swim suit.**

Aquatic Programs Offered

Diaper Dippers

■ 30 Minute program offered for infants & toddlers with their parents. Our program covers safety skills, water adjustment, forward movement, and submersion. children must wear a swim diaper, rubber pants, and a swim suit.

*** Ages 6mo– 3yr**
Fee*: 8 Week Session: $72 Member*
$96 Non-Member

Tadpoles

■ 45 minute program for child and parent offered for children 2yr– 5yr. This class assists children to gain confidence in the water before transitioning to our Hydrokids lessons.

*** Ages 2yr– 5yr**
Fee*: 8 Week Session: $88 Member*
$112 Non-Member

HydroKids

■ 60 minute program for children 3yr– 14yr. Six levels offered based off of progression of accurate swimming techniques.

*** Ages 3yr -14yr.**
Fee*: 8 Week Session: $96 Member*
$128 Non-Member

Tsunami

■ 60 Minute program for students who have passed our level 6 OR who can swim Freestyle, Backstroke, Breastroke, and beginner butterfly. This program is meant for swimmers to build endurance needed for recreational lap swimming, and/ or conditioning for swim team.

Fee: 8 Week Session: $96 Member
$128 Non-Member

Private Swim Lesson Policies

■ Cancellations must be made **at least 24 hours** in advance. If this does not occur you will be charged for the missed session.

■ Swimmers & parents must sign request form in agreement with EEHF swim lesson policies & procedures.

■ Private swim lesson packages must be purchased at the children's desk PRIOR TO the first swim lesson.

■ A receipt for your package is to be given to your swim instructor on the first visit as well as when new packages are purchased.

■ Half hour sessions can be combined into hour long sessions. This is contingent on you and the personal trainers schedule.

■ **Training Packages EXPIRE within the following time-frame from date of purchase:**
5 (30 Min) Sessions = 3 Months
10 & 20 (30 Min) Sessions = 4 Months
50 & 100 (30 Min) Sessions = 6 Months

■ Private swim lesson packages are non–refundable, unless medically necessary.

Private Swim Lessons
Request Form

(Turn in completed form to the Children's Desk)

Date:_____

Name:_____

Swimmer's Name/Age:_____

Phone Number:_____

E-mail: _____

Location: Seven Bridges Children's Pool

Requested Personal Trainer:_____
Male ***Trainer:***_____ *Female* ***Trainer:***_____
No Preference On ***Trainer Gender:***_____

AVAILABILITY

Please circle available days/times:

Sunday:	8-9am, 11am-5:30pm
Monday:	8am-4pm, 8-9:30pm
Tuesday:	8am-5pm, 8-9:30pm
Wednesday:	8am-4pm, 8-9:30pm
Thursday:	8am-5pm, 7-9:30pm
Friday:	8am-5pm, 7-9:30pm
Saturday:	12-5:30pm

Or List Your Availability:
1st Choice Days: _____

2nd Choice Days: _____
Has your child taken swim lessons before?
What would you like to work on during private swim lessons?

_____
_____
_____

I have read and accept the Personal Training Policies:

Signature:_____

Date:_____

(For Office Use Only:)
Contacted by: _____
Session scheduled to begin:_____
Package purchased:_____

Private Swim Lesson Pricing:

■ Member Packages

Individual:

5 - (30 Min) Sessions	=	$140
10 - (30 Min) Sessions	=	$263
20 - (30 Min) Sessions	=	$491

Need a larger package? Save even more:

50 - (30 Min) Sessions	=	$1166
100- (30 Min) Sessions	=	$2332

Partner:

5 - (30 Min) Sessions	=	$223
10 - (30 Min) Sessions	=	$419
20 - (30 Min) Sessions	=	$786
50 - (30 Min) Sessions	=	$1889

■ Non-Member Packages

Individual:

2 - (30 Min) Sessions	=	$105
5 - (30 Min) Sessions	=	$225
10 - (30 Min) Sessions	=	$396
20 - (30 Min) Sessions	=	$750

Partner:

2 - (30 Min) Sessions	=	$128
10 - (30 Min) Sessions	=	$616
20 - (30 Min) Sessions	=	$999

■ Member/Non-Member Packages

Partner Only:

2 - (30 Min) Sessions	=	$117
10 - (30 Min) Sessions	=	$516
20 - (30 Min) Sessions	=	$993

Priority Online Registration

■ Go to **eehealth.org** and click on the "MENU" tab near the top of the page.

■ Scroll down to "Find a Class or Support Group" —> On the left side of the screen, click "Edward– Elmhurst Health & Fitness" In the search box type in "Kids Aqua". Add class to cart and proceed to checkout.

■ **If you have multiple children to register, you will need to complete this process separately for each child.**

■ If your child is a member of the facility, enter their card number in the "Fitness Center Card Number" box on the discount page. This should be a 10 digit number. If your child is not a member click "continue to payment."

■ Under "**Checkout" enter your child's information** and click "continue" at the bottom of the page.

■ **Your child's registration WILL BE CANCELLED and your credit card will be refunded with no guarantee of a replacement class if:**
- Your child is registered for the wrong level
- Your child is not eligible for priority registration
(Meaning they did not participate in the previous session of group lessons.)
-Your child's membership status is not valid.

■ **Online Registration times open every 5 minutes starting with Diaper Dippers and tadpoles at 8:30 am**. HydroKids level 1 at 8:35, HK 2 at 8:40am, HK 3 at 8:45am, HK 4 at 8:50am, HK 5A & 5B at 8:55am, and HK 6 and Tsunami at 9:00am. **Please note online registration IS ONLY OPEN 8:30 AM on Thursday to the next day Friday, at Noon**.

For More Information Contact:

Judy Wiesbrook
Children's Aquatic Supervisor

630-646-7916
judy.wiesbrook@eehealth.org

www.eehealth.org/healthy-driven/fitness-centers

Children's Aquatics

Children of all swimming abilities and ages are welcome for private or group swim instruction.

2019
Group Swimming Lesson Dates

■ ***Spring*** *March 25th– May 18th*

■ ***Summer:*** *June 3rd– August 3rd*

■ ***Back To School Session:*** *August 12th– October 5th*

Children's Pool ~ Approx. 86° Year Round
6600 S. Route 53, Woodridge, IL, 60517

Healthy Driven™
Edward-Elmhurst
HEALTH & FITNESS