

Winter Camp

**At Seven Bridges
Ages 5-11**

Edward Elmhurst Health & Fitness is offering a Winter Day Camp during winter break! We will be offering our winter day camp on a day-by-day basis.

Camp is 8:00-4:00pm *(No before or after camp available)*

Member Fee: \$40.00 (child must be member of club)

Non-Member Fee: \$60.00

Monday December 19th
Tuesday December 20th
Wednesday December 21st
Thursday December 22nd
Friday December 23rd

Monday December 26th
Tuesday December 27th
Wednesday December 28th
Thursday December 29th
Friday December 30th

Monday January 2nd
Tuesday January 3rd
Wednesday January 4th
Thursday January 5th
Friday January 6th

Campers should bring their swimming suits, a change of clothes, water bottle, sack lunch, and an afternoon snack.

Please make sure to bring appropriate OUTSIDE winter wear for outdoor activities.

BEFORE & AFTER CAMP CARE IS NOT AVAILABLE

Contact Children's Service Desk (630) 646-7940 to register, or register online at <https://www.eehealth.org/healthy-driven/fitness-centers/services/childrens-fitness/>
(pre-registration appreciated)

Edward-Elmhurst
HEALTH & FITNESS

Healthy Driven

At Edward Elmhurst Health & Fitness we make sure our daily camps include a good mix of exercise & movement, Arts & crafts, Organized classroom games, and themed activities for the day. The scheduled activities may vary based on the availability of our fitness team who lead hourly fitness programs or planned activities that take longer than others. No matter what, your kids are guaranteed to have a BLAST at our day camp!

Example Schedule for the day:

8:00- 8:30 am	Drop off/ sign in. Campers play in Adventure Center
8:30- 9:00 am	(Open Gym for Campers)
9:00-10:00 am	Intro theme for day & Counselor led fitness circuit
10:00-11:00am	Organized Fitness hour OR Organized sports game
11:00-12:00 pm	Organized Themed craft/activity OR organized activity outside
12:00-1:00 pm	Lunch
1:00-2:30 pm	Popcorn & movie/ Candy Bingo/ Fuse beads/ bead jewelry/open board game time/ organized classroom games
2:30-3:30 pm	Open Swim in the children's pool
3:30-4:00 pm	Snack in camp room
4:00pm	Pickup



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