

# Edward-Elmhurst Health & Fitness Center Children's Aquatics Group Lessons & Pool Policies



## **Diaper Dippers**

This is a 30 Minute program offered for infants & toddlers with their parents. Our program covers safety skills, water adjustment, forward movement, and submersion. Children must wear a swim diaper, rubber pants, and a swim suit. Levels One-Three (DD1, DD2, DD3)

(Ages 6mo- 3yr)

*8 Week Session: \$72.00 Member \$96.00 Non-Member*

*10 Week Session: \$90.00 Member \$120.00 Non- Member*

## **Tadpoles**

This is a 45 minute program for child and parent offered for children 2yr- 5yr. This class assists children to gain confidence in the water before transitioning to our Hydrokids lessons.

(Ages 2yr- 5yr.)

*8 Week Session: \$88.00 Member \$112.00 Non-Member*

*10 Week Session: \$110.00 Member \$140.00 Non- Member*

## **Hydrokids**

This is a 60 minute program for children 3yr- 14yr. six levels offered based off of progression of accurate swimming techniques. Ranges Level One- Six

(Ages 3yr- 14 yr.)

*8 Week Session: \$96.00 Member \$128.00 Non-Member*

*10 Week Session: \$120.00 Member \$160.00 Non- Member*

## **Tsunami**

This is a 60 Minute program for students who have passed our level 6 Hydrokids Level **OR** who can swim Freestyle, Backstroke, Breastroke, and beginner butterfly. This program is meant for swimmers to build endurance needed for recreational lap swimming, and/ or conditioning for swim team.

*8 Week Session: \$96.00 Member \$128.00 Non-Member*

*10 Week Session: \$120.00 Member \$160.00 Non- Member*

## **Edward-Elmhurst Health & Fitness Center Children's Aquatics Pool Policies**

### **Group Swimming Lessons - Program Policies**



- **Class Makeup Policy:** We **DO NOT** offer any form of Makeup lessons unless EEHFC had to close the pool on the day of your lesson due to a pool contamination that day, or a holiday that is observed.
- **Lesson Drop off Policy:** Parents, family, and friends may view the lessons through the windows. Please refrain from entering pool area during lessons. During lessons, the pool and deck will be closed to people not enrolled in swim lessons. Please watch your child during lessons, so if we need to get a hold of you, we can easily wave. 😊

**CHILD SAFETY POLICY:**

If your child is 8 and under, please be sure that you are within viewing distance of your child during their lessons. When children need assistance to use the bathroom, we need you to be able to see them and meet them at the bathroom door. The pool deck supervisor will be sure to escort them from class to the bathroom, but will not take them to the bathroom, as they are responsible for maintaining the safety of all children enrolled in lessons that hour.

**FAMILY SWIM:** During family swim you may use the children's pool provided the parent/guardian remains in the pool or "on deck" according to rules listed above. A lifeguard is NOT on duty during these times.

**POOL POLICY:** Children who are not potty trained are required to wear a swim diaper, rubber pants, and a swim suit before entering the water.