

# SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!



## SAFE SITTER® CLASS INFORMATION

**June 14, June 28, July 12, or July 26**

**9 a.m. - 3:45 p.m.**

Edward Hospital Education Center, 3rd floor  
801 South Washington, Naperville, IL 60540

## REGISTRATION INFORMATION

**Class fee is \$60 per student.**

**Students should bring a sack lunch.**

To register, call 630-527-6363.  
Must be 11-14 years old.

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## SAFE SITTER® CLASS INFORMATION

**Monday, July 29, 2019**  
**9 a.m. - 3:45 p.m.**

Elmhurst Hospital, East lower-level classroom  
155 E Brush Hill Rd, Elmhurst, IL 60126

## REGISTRATION INFORMATION

**Class fee is \$60 per student**

**Students should bring a sack lunch.**

To register, call 630-527-6363  
Must be 11-14 years old

Edward-Elmhurst  
HEALTH

**Healthy Driven**

(630) 527-7685  
[Susan.Bard@EEHealth.org](mailto:Susan.Bard@EEHealth.org)

# SAFESITTER



## SAFE SITTER® CLASS CONTENT



### SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.



### FIRST AID & RESCUE SKILLS

Learning skills such as choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses.



### LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.



### CHILD CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.