

Welcome to the Mother's Room

The American Academy of Pediatrics recommends that babies breastfeed at least one year or longer.

Edward Hospital is dedicated to supporting your successful journey

Breastfeeding is important for you and your baby, but did you know there are also advantages for your employer such as having healthier employees and families, which decreases health care costs for everyone.

The Mother's Room is available to all female employees to have a quiet place to pump breast milk or nurse their infant or toddler during work breaks. There are two private pumping stations with an Ameda Platinum hospital grade breast pump, a rocker, and a sink available in each.

Main Hospital Campus Locations:

- * South Lobby
- * Fourth floor of the Heart Hospital

Before your first day of orientation, call the Edward Breastfeeding Center at **630-527-3238** to schedule a brief orientation to receive the security code needed to access these rooms.

TO MAINTAIN THE SAFETY OF THESE ROOMS for mothers pumping during day and night hours, it is important not to give out the entry security code to anyone! Please refer employees who need access to the Edward Hospital Breastfeeding Center at 630-527-3238. In an urgent situation, Public Safety may be contacted to provide one time entry into the room.

For Mother's Rooms at other campuses, (Linden Oaks, Plainfield, and Diehl Road) please contact your supervisor or the Breastfeeding Center for more information.

Do you have questions or concerns about breastfeeding?

Contact the Edward Hospital Breastfeeding Center at 630-527-3238 to talk with a lactation consultant or schedule a private appointment. She can help you develop your plan to successfully combine breastfeeding while working; learn to use a breast pump more effectively, or address other breastfeeding concerns.

La Leche League: An international breastfeeding support organization.

Web site: www.lalecheleague.org

National Women's Health Information Center: The federal government source for women's health information.

Web site: www.womenshealth.gov/breastfeeding/

