

Program at a Glance

DAY ONE

- ▶ Registration at Elmhurst College
- ▶ Dinner and social gathering
 - Program welcome
 - Key note speaker

DAY TWO

- ▶ Elmhurst Hospital campus tour and orientation
- ▶ Leadership exercise
- ▶ Social activity

DAY THREE

- ▶ Lecture - Emergency Medicine/Respiratory
- ▶ Case study
- ▶ Clinical rotation
- ▶ Reflection exercise
- ▶ Social activity

DAY FOUR

- ▶ Lecture - Myocardial Infarction
- ▶ Case study
- ▶ Clinical rotation
- ▶ Activity - CPR
- ▶ Personality Assessment
- ▶ Social activity

DAY FIVE

- ▶ Lecture - Stroke
- ▶ Case study
- ▶ Clinical rotation
- ▶ Activity
- ▶ Communication Skills Development
- ▶ Social activity

DAY SIX

- ▶ Lecture - Behavioral Medicine
- ▶ Case study
- ▶ Clinical rotation
- ▶ Lecture - Ethics/Palliative Care
- ▶ Reflection exercise

DAY SEVEN

- ▶ Closing ceremony/graduation
- ▶ Departure



**Sunday, July 23 -
Saturday, 29, 2017**

CONTACT US

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Healthy Driven™
Edward-Elmhurst
HEALTH

 **Elmhurst College**



The Medical Leadership Academy at Elmhurst Hospital

is an exclusive week-long program for highly motivated incoming high school seniors and freshmen/sophomore college students interested in the field of medicine. The curriculum

provides an introduction to medicine through educational lectures, job shadowing and case study analysis – as well as opportunities to develop leadership and interpersonal skills through group discussion, collaboration and patient engagement.

Participants will explore medical specialties such as emergency medicine, cardiology, family medicine, neuroscience, behavioral medicine and palliative care – engaging in interactive experiences with physicians and patients. This program also offers participants the opportunity to experience college life by staying in student residence halls on the campus of Elmhurst College. It's an opportunity for participants to develop personally, forge new friendships and engage with the community.

“While attending the academy, students will participate in a typical hospital day which starts with morning lectures followed by rounds with doctors and working with real patients. This will lay the groundwork for the very important practice of establishing a sense of bedside manner and medical knowledge enriched with exposure to CPR, lab data and other diagnostic testing.”

*Ghassan Aldurra, MD
Medical Leadership Academy Director
and Founder*

- ▶ Learn specific anatomy and physiology topics
- ▶ Assess and recognize disease states
- ▶ Interpret data – lab results, radiology tests, patient assessments
- ▶ Understand the mind-body connection
- ▶ Analyze and compare available treatment options
- ▶ Establish a plan of care
- ▶ Communicate a patient treatment plan

ELIGIBILITY

- ▶ Incoming high school senior or college freshman/sophomore student
- ▶ Strong interest in attending medical school
- ▶ Academic GPA of at least 3.0 on a 4.0 scale
- ▶ Commitment to full attendance of the program
- ▶ Parental consent if under 18 years of age

APPLICATION REQUIREMENTS

- ▶ Online application
- ▶ Personal statement
 - Describe why you are interested in participating in this program
 - 300-500 words (not to exceed one page)
- ▶ Academic recommendation
 - Submit one letter of recommendation from an academic reference (teacher, counselor, principal)
- ▶ School transcript
 - Unofficial copies of transcripts are acceptable

- ▶ Required proof of vaccination and TB results (upon acceptance into the program)
 - Provide a copy of vaccination records
 - Provide documentation of a current negative TB test
- ▶ **Application deadline**
 - Application and all application requirements must be received no later than April 3, 2017 to be considered
 - Online application is available at <https://connect.elmhurst.edu/register/medicalacademy>

DRESS POLICY

Elmhurst Hospital's dress policy, "Dress Code, Personal Appearance and Attire Policy," specifies the following appropriate professional attire.

- ▶ Women: casual or dress slacks, skirts or dresses (not more than two inches above the knee); shirts/blouses/sweaters; blazers/jackets; closed toed shoes
- ▶ Men: casual or dress slacks; collared shirts; closed toed shoes
- ▶ Inappropriate dress includes: jeans, capri pants, leggings, t-shirts, sleeveless tops; exposed shoulders, back or stomach; workout wear; tennis shoes; flip flops/sandals
- ▶ Body art and tattoos should be covered by clothing and not visible to patients or visitors

PROGRAM FEES

Tuition for the seven-day program is \$3,500. It covers the costs of housing, meals, instruction, supervisory staff, materials, activities and local transportation.